

# 2021 Report to the Community

JULY 1, 2020 TO JUNE 30, 2021

## Our Mission

Arlington Free Clinic provides free, high-quality healthcare to low-income, uninsured Arlington County adults through the generosity of donors and volunteers.

## Our Patients

Our patients have been especially hard-hit by COVID-19. Many lost their jobs in the early days of the crisis, magnifying needs for resources “beyond the exam room” – which AFC has worked hard to address. The zip code where the majority of our patients live consistently experienced positive test rates of more than double that of the zip code in our county with the next highest rate.

The arrival of vaccines has brought hope and the beginning of a return to “life as normal” for many. But AFC recognizes that our patients have been disproportionately affected and will likely take years to recover from the virus’ far-reaching effects. **Our patients still need us, and we need you.**

All AFC patients live in Arlington County and have incomes at or below 200% of the Federal Poverty Level (for a family of four, this is \$50,400). Some were facing cancer diagnoses when the virus arrived; most have chronic health conditions which place them at great risk of poor outcomes should they become infected; all were already living on the edge, struggling with food, rent, and other basic needs.

There are two ways to become a member of AFC and access our comprehensive healthcare services:

1. We accept approximately 25 new patients per month through a lottery process (paused for safety concerns at the beginning of the pandemic but returning virtually).
2. Eligible individuals referred by Virginia Hospital Center, Arlington County Department of Human Services, and other safety-net organizations are directly accepted. These include our sickest patients, such as those with cancer, uncontrolled diabetes, and renal failure – as well as those discharged from the hospital following treatment for COVID-19.

AFC is committed to providing a safe, supportive healthcare home for those most vulnerable to being overlooked throughout the pandemic – and beyond.

Arlington Free Clinic  
2921 11th Street South  
Arlington, VA 22204  
703-979-1425  
[arlingtonfreeclinic.org](http://arlingtonfreeclinic.org)

## Our Services

### COMPREHENSIVE HEALTHCARE

Primary, Preventive,  
and Specialty Care  
for Adults

Gynecology

Care For Chronic  
Diseases Including  
Diabetes, Hypertension,  
Cancer, and Obesity

Optometry

Pharmacy

Cancer Screenings

Diagnostic & Laboratory  
Services

Physical Therapy

Dental Services

### EDUCATION & OUTREACH

Nutrition

Osteoporosis

Diabetes

Breast Health

Physical Activity

### MENTAL & BEHAVIORAL HEALTH

Psychiatric Assessment &  
Medication Management

Individual Therapy

Support Groups

Social Services  
Case Management



## Navigating the Path to Healing

When I joined Arlington Free Clinic as a Nurse Manager last spring in the middle of a global pandemic, I expected that through telehealth software platforms and layers of PPE, my days would be filled with helping patients navigate this frightening new virus. But then I met “Juan,” a patient who was already in the midst of a decade-long journey to find answers about a completely *different* unfamiliar and scary disease.

Juan moved to Arlington from Guatemala 10 years ago. A modest and warm 31-year-old, Juan enjoys spending time with family, playing fútbol, and – in his words – “going on adventures.” He worked in the countryside harvesting vegetables in his home country, and now works as a house painter.

Juan came to AFC through Virginia Hospital Center (VHC) after being seen in their emergency department for the kind of headache that would drive someone to go to the hospital. He was found to have a brain lesion and underwent two craniotomies, and then he developed a seizure disorder. Over the years, he’s been evaluated by just about every specialist at the Clinic, but no one had been able to firmly diagnose his condition.

Our Medical Director, Dr. Joan Ritter, has followed Juan’s case very closely. When a follow-up MRI showed a new lesion last year, we reached out to Dr. Anne Pariser, a longtime volunteer who connected us to colleagues at the National Institutes of Health (NIH). We helped Juan apply to two different research studies at NIH which involved weeks of complex applications and consents; obtaining all of his stored pathology samples from VHC and FedExing multiple packages off to NIH; compiling hundreds of pages of medical records;

and engaging in scores of logistical discussions with the two separate NIH programs.

Of all the patients referred, Juan was one of the very limited number accepted into the Undiagnosed Diseases Program which focuses on the most puzzling medical cases referred to NIH. From there, he began the lengthy admission process involving a litany of tests performed over a week of inpatient care. Finally, he received a diagnosis and treatment plan. While Juan expresses relief at having found his way to NIH, his journey has and continues to be challenging. He describes having brain surgery and developing a seizure disorder as the most difficult parts of his experience. He recalls falling down and not waking up until he was in the hospital, and he continues to worry that he may fall again and not wake up next time. His journey to recovery is not over, and we will continue to stand by him as he navigates it.

While Juan continues to receive cutting edge treatment at NIH, he’s been able to access counseling services through AFC and free hearing aids (he experienced hearing loss after his brain surgeries) through a connection with a program in Rockville, MD. It has been an honor to support Juan over the last year and a half. While I too am relieved that he has landed at NIH, I am also mindful that his journey is not over. It’s comforting to know that Juan is receiving such multifaceted care and support through AFC as he continues navigating his path to healing.



**Sarah Gold, RN**  
Nurse Manager



## AFC's Vital Role in the COVID-19 Vaccination Effort

When COVID-19 vaccines became available, older adults and those with high-risk health conditions were among the first to be eligible. Many of our patients fit into these categories. Additionally, almost all of our patients work in service sector jobs: preparing food, cleaning homes, or caring for children and elderly adults. Given these factors, Arlington Free Clinic knew that promoting vaccine access and educating our patients would be critical components of our work in the year ahead.

As Arlington County's vaccination efforts got underway, most vaccine appointments required online registration. This was fine for highly educated, tech savvy residents, but nearly impossible for those without a computer, smartphone, or internet - or those whose schedules didn't allow for hours spent refreshing websites and waiting for slots to open.

Our patients lost family members and friends to COVID-19; many got sick themselves. If they were lucky enough to keep their jobs, they struggled to balance work while supporting children through months of remote learning. After an incredibly tough year, many were very eager for the chance to get the vaccine. But, in spite of their eagerness, the logistics of getting vaccinated were overwhelming.

Arlington Free Clinic partnered with Arlington County to become a vaccination site beginning in February of 2021. We quickly got to work setting up a vaccine clinic model designed to make vaccinations as easy as possible for our patients. We brought back scores of volunteers who we hadn't seen inside our walls for nearly a year - and quickly onboarded an additional 40 to meet the immediate need for Spanish interpreters. Our volunteers made hundreds of calls to patients to schedule appointments and complete all their paperwork over the phone, bypassing the computer completely. We offered vaccine clinics at times that were compatible with our patients' work schedules since their jobs generally don't allow for time off. This massive push yielded over 3,000 doses!

We then turned our focus to those who, for various reasons, were not yet ready to accept the vaccine. Nurses identified their high-risk patients with chronic diseases, cancer diagnoses, or on immunosuppressive therapies and called them multiple times to educate and encourage them to get the vaccine. Our nurse practitioner made vaccine education a priority, and nurses reminded our volunteer providers to discuss vaccination status and education at every appointment. Our staff modeled best practices by using appropriate PPE and getting vaccinated

## Board of Directors

**Diane H. Naughton**  
*Chair*

**Donna Alpi**  
*Vice Chair*

**John Couric, CPA**  
*Treasurer*

**Ana Alvarez**  
*Secretary*

**Carly Kelly, JD**  
*Chair, Governance Committee*

**Jennifer Sosin**  
*Chair, Outreach Committee*

**Katy Banks**  
**Tracy Donley**  
*Co-Chairs, Development Committee*

**Kathleen Buto**

**Neelima Denduluri, MD**

**David Duhamel, MD**

**Melissa Dulski**

**Danine Fresch Gray, DDS**

**Laura Fuentes**

**Marla S. Kelly, MD**

**Joseph Lynch, JD**

**Douglas H. Root**

**Keegan Stroup, CPA**

**Tannia Talento**

**Greg Trimmer**

**Michael Ward**

**Joan Bowes Ritter, MD**  
*Medical Director*

**Christine Shiker, JD,**  
*Holland & Knight LLP*  
*Counsel to the Board*

**Nancy White**  
*President*

## Community Council

**Joseph A. Backer, MD**

**John F. Benton**

**David W. Briggs**

**Lawrence Cheng**

**James B. Cole**

**Kieran Daly**

**Stephen Fedorchak**

**Loren Friedman, MD**

**Ronald J. & Kit Gordon**

**Raymond Hoare, MD**

**Rev. Andrew T.P. Merrow**

**John Murphy**

**Christopher J. Nassetta**

**Timothy J. Naughton**

**Mary Ann Nirschl**

**Patricia Rodriguez, MD**

**Matthew D. Shank, PhD**

**Matthew & Allison Shay**

**Thomas Shooltz**

**Mark Silverwood**

**Andres Tobar**

**Chuck & Kristian Todd**

**David & Kathy Townshend**

**Reuben Varghese, MD, MPH**

*Read a message  
from our Board Chair  
on Page 28*

as well. Staff participated in multilingual video testimonials about getting vaccinated that we created and shared with patients.

AFC remains very committed to this important effort, so we will continue to implement vaccine recommendations as they evolve. Our providers, volunteers, and nurses continue to query patients about their vaccination status during appointments and we are contacting patients for whom a third shot is recommended. AFC understands that ensuring the health of our population involves more than just recommending appropriate interventions. Understanding the obstacles to care and working to remove them remain core components of the work we do every day.



**Joan Bowes Ritter, MD**  
*Medical Director*

ASSETS	July 1, 2021	July 1, 2020
Cash & Equivalents	\$859,361	\$1,002,800
Contributions Receivable	\$349,598	\$420,542
Inventory	\$9,692	\$11,448
Prepaid Expenses	\$134,904	\$96,833
Investments	\$4,992,774	\$3,576,735
Operating Lease	\$189,577	\$209,293
Fixed Assets	\$3,981,622	\$4,101,430
<b>Total Assets</b>	<b>\$10,517,528</b>	<b>\$9,453,373</b>

LIABILITIES AND NET ASSETS	July 1, 2021	July 1, 2020
<b>Current Liabilities</b>		
Accounts Payable & Accrued Expenses	\$298,994	\$295,896
Note Payable (PPP Loan)	\$0	\$453,200
Finance Lease	\$4,744	\$10,003
Operating Lease	\$199,213	\$216,182
<b>Total Liabilities</b>	<b>\$502,951</b>	<b>\$975,281</b>

NET ASSETS	July 1, 2021	July 1, 2020
Without Donor Restrictions	\$8,684,797	\$7,189,899
With Donor Restrictions	\$1,329,782	\$1,288,193
<b>Total Net Assets</b>	<b>\$10,014,579</b>	<b>\$8,478,092</b>
<b>TOTAL ASSETS AND LIABILITIES*</b>	<b>\$10,517,528</b>	<b>\$9,453,373</b>

\*Includes value of AFC facility

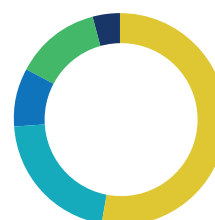
## Total Financial Support: \$10,394,583



### Cash Contributions: \$5,363,862

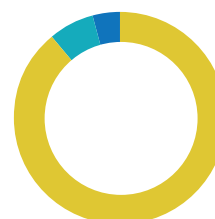
General Contributions**	65%
Grants	18%
Special Events	17%

\*\*includes special COVID-related funding



### In-Kind Contributions: \$5,030,712

Virginia Hospital Center	53%
Rx	21%
Off-Site Medical	9%
On-Site Medical	13%
Professional Fees	4%



### Expenses: \$8,858,096

Program	89%
Fundraising	7%
Administrative	4%



## Ethical Storytelling

In videos, reports, and end of year appeals, nonprofits have become accustomed to displaying images of those in need in order to encourage donors to give to help these individuals. It's a trend that was popularized in the 1980s during the severe famines in Ethiopia and other countries. Photos of starving children—referred to as “poverty porn”—became the norm. But these practices disempower the very people organizations strive to lift up by portraying them as helpless. We should aspire to achieve our goals in a way that inspires, supports, and preserves the dignity of those we aim to help.

Organizations like OAR and Doorways for Women in Families—local nonprofits that have long been upfront and forthright about their philosophies on telling client stories—inspired Arlington Free Clinic to review our values and develop guiding principles for our practices going forward:

- Nothing about them without them
- Start with their strengths, not their weaknesses or dire needs
- Don't define a person using tragedy or trauma
- Focus on empowerment

We are not a success if we marginalize, stereotype, or otherwise minimize the full story of who our patients are—no matter how well we do everything else. We will avoid perpetuating the myth that the people our organization serves are helpless and somehow less valuable. All their stories make them who they are—not just the fact that they can't get healthcare. Arlington Free Clinic simply provides care to patients so they can continue on their paths to building good lives for themselves and their families. We will put our mission before our marketing.

Practically speaking, this means that we'll be thinking a lot differently about how we use or don't use patient faces—we'll often photograph from behind or make other design choices. We will be more responsible and commit to being sensitive, selective, and intrinsically positive about depictions of patients. In addition to operating from the principles listed above, when a patient's story is shared, names will be changed. In this year's Gala video, we've turned the camera on volunteers and staff instead of putting our patients up on the screen.

The people we serve are assets to our community because of who they are. It is my hope that the stories we share will help our supporters connect with patients on a personal level and better understand their individual strengths and resilience.



**Nancy White**  
*President*

# Numbers That Count

Arlington Free Clinic is grateful for the extraordinary support of community partners, volunteers & donors. Working together, our major achievements of FY21 include:

**1,389**  
Patients Served

1,389 patients continued to receive comprehensive healthcare despite the challenges of the pandemic. We brought in 136 Arlington residents who previously did not have regular access to medical care. Of these, 100% came to us by referral from Virginia Hospital Center, community shelters, and other safety-net organizations.

**442**  
Volunteers

**13,423**  
Hours of Service

Volunteers are integrated into all aspects of patient care and clinic operations at AFC. Last year, 442 volunteers provided over 13,423 hours of service. The value of their volunteer hours is estimated to be \$1,220,500.

Additionally, over 100 Gala and Special Gifts Committee volunteers donated countless hours to planning and raising funds through our Annual Benefit Gala.

AFC Provided **6,173** medical visits for **1,389** individual patients.

Primary & Specialty Care	3,196
Specialist Referrals	1,096
Dental	972
Mental Health	557
Physical Therapy	207
Gynecology	155

We also provided **2,175 Social Service Case Manager visits** for needs assessment/referrals for resources “beyond the exam room” including supplemental groceries, legal aid, language classes, domestic violence support, and more.



## Awards

Congratulations to **Kay Nassetta**, winner of the **2021 Arlington Community Foundation Spirit of Volunteerism Award**! Kay has been a strong, steady fixture in AFC's Thursday Afternoon Clinic for over 20 years. Together with Virginia Hospital Center - where she's been volunteering for over 43 years - AFC nominated her for this well-deserved honor!

Congratulations to **Kate Nadeau**, this year's recipient of the **Volunteer Arlington Award**! This award, presented by Volunteer Arlington and the Leadership Center for Excellence, recognizes an individual working in volunteer engagement who excels in leadership, visionary thinking, ethics, and a genuine passion for the needs and goals of the organization.

Although we've all adapted our work and lives in response to the pandemic, no one's job has changed as much or required as much as Kate's. She reengineered the work of ALL of our volunteers which has allowed us to continue to provide care to our patients throughout the pandemic. She's been key to the success of our telehealth program. She recruited and trained a great group of new volunteers to make our vaccination clinics possible. And she developed a new scribe program as part of our transition to a new electronic health record.

**Charity Navigator**, the nation's largest charity evaluator, once again awarded AFC its top rating of 4 stars for financial health, accountability, and transparency. Only 7% of the organizations evaluated by Charity Navigator have received at least seven consecutive 4-star evaluations.

## Snapshot of AFC's COVID-19 Vaccine Clinics

(through August 31, 2021)

Number of COVID-19 vaccine clinics held:

**45**

Number of doses given:

**3,002**

% of AFC patients vaccinated:

**at least 65%**

(not all patients who have been vaccinated elsewhere have reported their status to us)

Number of patients vs. non-patients\* vaccinated:

**708:792**

(\*e.g., clients of other safety-net organizations, patients' friends and relatives, etc.)

Number of volunteers utilized per COVID Vaccine Clinic:

**20**

New volunteers onboarded to support COVID Vaccine Clinics:

**40**

Total number of volunteers who participated in Volunteer COVID Vaccine Clinics:

**118**

# Healthcare Practices Vital to AFC

Arlington Free Clinic is indebted to the following practices that so generously provided a wide variety of specialty care in their offices for hundreds of AFC patients.

Arlington ENT & Arlington Audiology Associates  
Arlington Podiatry Center  
Arlington Radiation Oncology, PLLC  
Arlington Women’s Center  
Body Dynamics, Inc.  
Melanie Buttross, MD  
Cardiovascular & Thoracic Surgery Partners at VHC  
Cary Poropatich, MD, LLC  
Dermatology Associates of McLean, LTD  
Dominion Anesthesia, PLLC  
Fairfax Radiological Consultants  
Leah Fuchs, MD  
Gastroenterology Center of Northern Virginia  
Michael Goldberg, MD  
Wendy Gottlieb, MD  
Heart Care of Virginia  
Heart & Vascular Care  
Courtney Herbert, MD  
Michael Hughes, BCO  
Earl Johnson, MD  
Babur B. Lateef, MD  
Lions Eye Clinic

Rachel Marcus, MD  
National Institutes of Health  
Nirschl Orthopaedic Center for Sports Medicine & Joint Reconstruction  
Northern Virginia Dental Clinic  
Northern Virginia Eye Surgery Center  
Northern Virginia Gastrointestinal Associates, LTD  
Northern Virginia Neurologic Associates, LTD  
Northern Virginia Physicians to Women  
Northern Virginia Radiology Consultants, PLLC  
Novant Health Imaging  
Orthopaedic Foot & Ankle Center  
OrthoVirginia  
Edward Parelhoff, MD  
PMA Health  
Christopher Renner, OD  
The Retina Group of Washington  
Skin Cancer Surgery Center  
TLC Neurology  
University of Virginia Health System  
Vienna Dermatology  
Virginia Cancer Specialists, PC  
Virginia Heart

**Virginia Hospital Center (VHC)**

- Physical Therapy
- Occupational Therapy
- Speech Therapy

**VHC Physician Groups**

- Cardiology
- Colorectal Surgery
- Hospitalists
- Infectious Diseases
- OB/GYN Hospitalists
- Plastic & Reconstructive Surgery
- Podiatry
- Reinsch Pierce Family Center for Breast Health
- Surgical Specialists
- Urology
- Wound Care & Hyperbaric Medicine

Virginia Nephrology Group  
Virginia Neurosurgeons, PC  
Washington Radiology Associates  
William Sawchuk, MD & Gayle Masri-Fridling, MD Ltd  
George Younan, MD



*Dominion Anesthesia*

*Cary Poropatich, MD, LLC*

*Nirschl Orthopaedic Center  
for Sports Medicine & Joint Reconstruction*

# Our Volunteers

July 1, 2020–June 30, 2021

## Board of Directors, Community Council, Committees (Audit, Clinical Services, Dental, Development, Finance, Gala/ Special Gifts, Outreach)

Ashley Adkins  
Laura Allen  
Jeff Allen  
Marsha Allenbaugh  
Donna Alpi  
Ana Alvarez  
Meredith E. Anderson  
Edgar Aranda-Yanoc  
Joseph A. Backer, MD  
Jen Bakos  
Katy Banks  
Kelly Barton  
Christian Beckner  
John F. Benton  
Pepper Binner  
Randy Binner  
Jennifer Brandely  
Kristi Brannan  
Deb Brennan  
David W. Briggs  
Stacey Brown  
Jill Burke  
Kathleen Buto  
Sarah Cabalu  
Jennifer Casolaro  
M. Anthony Casolaro, MD  
Biffy Cathcart  
Lisa Cedrone  
Lawrence Cheng  
Cristina Chou  
Ellie Christiansen  
Whitney Cobey  
James B. Cole  
Alexander Couric  
John Couric  
Cait Crivella  
Brian Crivella  
Gillyn Croog  
Kieran Daly  
Sapna Delacourt

Neelima Denduluri, MD  
Julie DiCerbo  
Amy Dodds  
Chris Doerr  
Mandy Doerr  
Max Donley  
Tracy Donley  
Karen Duhamel  
David Duhamel, MD  
Melissa Dulski  
Joanna Ehat  
Grant Ehat  
Jane Evans  
Stephen Fedorchak  
Katie Ferguson  
Cristin Finkel  
Samantha Foti  
Danine Fresch Gray, DDS  
Loren Friedman, MD  
Laura Fuentes  
Kit Gordon  
Ron Gordon  
Maggie Grant  
Gautam Gupta  
Greg Hamilton  
Maureen Hamilton  
Parker Harrington  
Shannon Haynes  
Chris Herndon  
Daniele Herndon  
Adam Hess  
Bev Hess  
Shannon Higgins  
Raymond Hoare, MD  
April Hosty  
Toni Howell  
Sheila Johnson  
Heidi Ellenberger Jones  
Karen Kaczmarek  
Carly Kelly  
Marla S. Kelly, MD  
Kiran Kolluri  
Elizabeth Krill  
David D. Lee, MD  
Diane Lewis

Ginger Loper  
Brett Loper  
Joseph Lynch  
Sarah Maria  
Kathryn Martin  
Karen McAndrews  
Diane McClure  
Heather McDougale  
Ruth McGoff  
Kathleen Landy McKenna  
Robert McLaughlin  
Kristin Merritt  
Rev. Andrew T.P. Merrow  
Will Meyer  
John Murphy  
Venkat Murthy  
Eve Murty  
Christopher J. Nassetta  
Diane Naughton  
Timothy J. Naughton  
Mary Ann Nirschl  
Nicole Novak  
Sarah O'Keiff  
Katie O'Geen  
David Ogilvie  
Deborah Omori  
Ann Pariser  
Michael Rapp  
Nikki Reeves  
John Rhee, MD  
Scott Ritter  
Joan Bowes Ritter, MD  
Patricia Rodriguez, MD  
Cassie Root, MD  
Doug Root  
Palak Sampat  
Heather Sanne  
Konrad Schweitzer  
Katy Senkus  
Laura Sessums  
Matthew D. Shank, PhD  
Allison Shay  
Matthew Shay  
Grace Abi-Najm Shea  
Ian Shenk

Christine M. Shiker, JD  
Thomas Shooltz  
Mark Silverwood  
Sarah Smith  
Jennifer Sosin  
Colleen Sport  
Amy Springer  
Keegan Stroup  
Suzanne Stroup  
Tannia Talento  
Ashley Templar  
Jenny Thornhill  
Helen Tienne  
Andres Tobar  
Chuck & Kristian Todd  
David & Kathy Townshend  
Sarah Trimmer  
Greg Trimmer  
Reuben Varghese, MD, MPH  
Susan Wallace  
Maeve Ward  
Michael Ward  
Melanie Whittington  
Elise Zamsky  
Michelle Zook

## On-site Providers

Melody Abraham, MD  
Veronica Abraham, MD  
Joseph Backer, MD  
Lawrence K. Banker, DDS  
Christina Baselga, MD  
Nancy Baxi, MD  
Paula Bergamini, MD  
Brian J. Boland, MD  
Colleen Borelli, MD  
Charles I. Brown DMD  
Thomas Butler, MD  
Anthony Casolaro, MD  
Stephanie Chang, MD  
Hong-Hanh Chau, MD  
Ritu Cuttica, DO  
Julie DiCerbo, NP  
Miriam Dinatale, DO



## Volunteers Returning... with their Families!

Back in February, Arlington Free Clinic became a COVID-19 vaccination site. Suddenly, after over a year of only being able to offer virtual volunteer opportunities, we had an immediate need for volunteer vaccinators, pharmacists, and line flow/check-in helpers – in addition to providers and EMTs to oversee the observation room where patients waited for 15 minutes following their shots. We turned to our team of more than 400 volunteers who had been helping us pre-COVID (as well as throughout the pandemic when their roles aligned with our telehealth needs). Not only did they answer our call for a return to in-person service, but when they came back, many brought their families with them! In all, we onboarded 50 new bilingual volunteers in three weeks to help support our vaccine clinics; this was thanks in large part to the connections of our existing volunteer base.

### **Jim Ricca, Karen Luz & Alyssa Luz-Ricca:**

Alyssa was the one who brought her parents (and a friend) to the Clinic. She was a summer intern at AFC a few years ago and has continued to stay involved. We put out a call for interpreters and Alyssa signed up, but since the whole family speaks Spanish and AFC had such an urgent need, her parents soon started joining her. Jim is a family doctor who works in public health, so he asked patients the COVID screening questions while Karen checked people in. Alyssa was usually stationed in the waiting room checking people out or telling them when their 15-minute waiting period was up.



*Jim Ricca, Alyssa Luz-Ricca & Karen Luz*

*"It was fun at the end of the shift to share our experiences. We often went back to our house in Arlington to hang out for a while before Alyssa headed back to her home in DC. It was wonderful to share the experience of volunteering together, and to actually be able to do something to fight the pandemic by helping people get their vaccinations." – Karen*

**Brad & Bena Clemens:** Brad first got involved with AFC when he lived above our facility in the AvalonBay apartments. He would come downstairs every evening before a big clinic and set things up, and then come back and volunteer during the session. His wife, Bena, works as a graphic designer and was eager to share her time and expertise with us. They regularly volunteered together during the vaccine clinics – and went above and beyond when they rented a U-Haul and drove to Richmond and back on a summer Saturday to pick up two 12 cu ft refrigerators, two wheelchairs, and about 300 blood pressure cuffs at a warehouse and brought them back to AFC and to Culmore Clinic in Fairfax County. Thanks to them, we now have two brand new – essentially free – pharmacy refrigerators and three happy pharmacists!

*"My husband Brad and I were immensely grateful to be a part of AFC's continued mission to provide care for our neighborhood. The best part was that we had found a really rewarding way to spend time with each other during what seemed like an endless pandemic. It felt really gratifying to play a small part in making things better!" – Bena*

## Our Volunteers *continued*



*Brad & Bena Clemens,  
AFC Refrigerator Transport Team*

**Emilia & Andrea Soto:** Emilia has been a volunteer interpreter since 2015, helping with our gynecology appointments or Breast Health Clinics once a week. When we set up the COVID-19 vaccine clinics, she was one of the first, if not the first person to sign up and gave 35 hours to our COVID vaccination efforts.

*"I have been volunteering for years at the Clinic and always talked about how much I enjoy it with my family. My sister Andrea does not live in Arlington but ended up living here with me for a couple of months due to the pandemic. The moment I told her I was volunteering for the COVID clinics she wanted to be a part of it as well. Being able to help and spread the word about getting the vaccines was an amazing experience for both of us! I am happy I got to share this with my sister." -Emilia Soto*



*Emilia & Andrea Soto*

Karen Dixon, MD	Deborah Omori, MD
David Duhamel, MD	Anne Pariser, MD
Josef Dvorak, MD	Jane Piness, MD
Aysha Farooqi, MD	Christine Pintz, NP
Lynne Gaby, MD	Caroline Poplin, MD
David Gootnick, MD	David N. Powers, MD
Danine Fresch Gray, DDS	Kenneth Quinto, MD, MPH
Ronni Griffin, PMHNP-BC	Thomas Rakowski, MD
Jeffery Hales, MD	Michael Rapp, MD
Michael Halle, MD	Russell Rayman, MD
Elizabeth Healy, NP	Jane Renfro, NP
Raymond Hoare, MD	Christopher Renner, OD
Laura Jawidzik, MD	Jim Ricca, MD, MPH
Madhavi Kakarla, MD	William Richter, MD
Stuart Katz, MD	Joan Ritter, MD
Marla Kelly, MD	Farhaad Riyaz, MD
Kimbra Kenney, MD	Ashley Scott, NP
Rhett A. Kent, MD	Laura Sessums, MD
Curi Kim, MD	Neil Shea, MD
Geneva King, DO	Ian Shenk, MD
Kaleen Kitay, MD	Amisha Shroff, DDS
Corrine Lahti, MD	Wayne Silverman, DDS
Erika Latchis, MD	Sarah Smith, MD
Cathryn Lee, CRNP	Renuka Sothinathan, MD
Ju Young Lee, MD	Larry Spoot, MD
Matthew M. Leonard, MD	Jerome Stein, MD
Maureen MacConnell, PMHNP-BC	Lawrence Stein, MD
Priti Mahajan, DDS	Brian Stephens, MD
Vinh Mai, DO	Laura Stone, MD
John Maloney, MD	Deborah Suchman, NP
Kanan Maniar, MD	Marlliny Sullivan, MD
Kenneth Marshall, MD	Mark F. Sullivan, MD
Kathleen McCray, MD	Neima Surur, MD
Sonia Melwani, DO	Suraj Venna, MD
Mona Milberg, NP	Christine Walk, FNP-C
Anne Miranowski, MD	Helen Walsh, MD
Luis Morillo Cabrera, MD	Leigh Watlington, MD
Timothy Muir, MD	Margot Wheeler, MD
Manesh Nachnani, MD	Sean Whelton, MD
Seetaramayya Nagula, MD	Vince WinklerPrins
Israa Najeeb, MBBCh	Christopher Wyckoff, MD
Michelle Ng, MD	Yousef Zarbalian, MD
Michelle Nguyen, MD	Steven Zimmet, MD
Dorothy Nicholson, MD	
Nicole Swistak, OD	

# Our Volunteers *continued*

## On-site Nurses & Physician Assistants

Amanda Aune, RN  
Dodi Baker, RN  
Pat Brosnan, RN  
Natalie Bush, RN  
Ellen Croog, RN  
Dana Crowdus, RN  
Susana De La Torre, RN  
Estefania Delgado, RN  
Honora Dent, RN  
Melissa Dickerson, RN  
Lynnette Downs, RN  
Cynthia Dunbar, RN  
Barbara Fay, RN  
Elizabeth Freitas, RN  
Kajsa L Guernsey, RN  
Bridget Jennison, RN  
Kaelin Jennison, RN  
Bora Jin, PA, MPH  
Natalia Kober, RN  
Maria Teresa Laguna, RN  
Bianca Larios, RN  
Natalie Lima-Garcia, RN, MPH  
CiCi Lin, RN  
Mary Ludden, RN  
Carrie Luong, RN  
Michelle Mangrum, RN  
Carmen Marcus, RN  
Martha Mathis, RN  
Cristina Menendez, RN  
Susan Miller, RN  
Mary Miossi, RN  
MaryKate Morcerf, RN  
Jennie Morgans, RN  
Carmen Mouzourakis, RN  
Kathleen Mulvihill, RN  
Monica Nable, RN  
Rose Mary Padberg, RN  
Sheyla Penaloza, RN  
Anaïs Pizarro Delgado, RN  
Jyl E Pomeroy, RN  
Mary Porretta, RN  
Tawnie Roberts, RN  
Amarzaya Samdan, RN

Stephanie Semadeni, RN  
Sovy Sou, RN  
Christine Strasser, RN  
Eva Sweeney, RN  
Kelsey Walden, RN  
Natassia Watson, RN  
Maria Witkowski, RN  
Iris Woodard, RN

## Pharmacists

Daniela Alzate, PharmD  
Anh Bui, PharmD  
Marcela Colon, RPh  
Christine Corser, PharmD  
Ira Faden, RPh  
Kevin Herkenham, PharmD  
Minji Kwon, PharmD  
Kayla McFeely, RPh  
James Mizner, RPh  
Quynh Nguyen, PharmD  
Laura Perkins, RPh  
Marissa Schlaifer, RPh  
Dallas Smith, PharmD  
Worknesh Terkik, PharmD

## Physical Therapists

Nancy Branberg, PT  
Anna E. Fiore, DPT  
Irene Hruskoci, PT  
Marie Markey, PT  
Ashley L. Templer, DPT  
Jorge Villalobos, DPT

## Counselors, Educators, Technicians

Shauna Alonge, LCSW  
Debbie Beach, LCSW  
Susan Branco, PhD, LPC  
Ann C. Brown, LMFT, LPC  
Judy Caplan, MS, RDN  
Melinda Cater, RD  
Mara Davis, MS, RD  
Joli Fekeci, LCSW  
Debra Haynes, MPH

Mary Kudless, RN, MSN, PMHCNS  
David McGinness, MSW, LCSW  
Laura Ritzenhaler  
Douglas Ross  
Gayle Tuckett, PharmD, BCGP, CDE, AE-C  
Carla Williams MA, LPC

## Interpreters

Pooja Agarwal  
Kirsten Albert  
Eric Alley  
Maria Alva  
Ana Alvarez  
Indira Laura Amurrio  
Britney Andrade  
M. Camila Angulo  
Patricia Ardila  
Pamela Ascon  
Alfredo Aunon  
Maria Balderrama  
Marta Barkell  
Sefra A. Belay  
Marila Belcher  
Pamela Benitez  
Paola Bonilla  
Nancy Bossard  
Christopher Joel Browning  
Dulamjav Byambajav  
Magaly Cabrera-Ortiz  
Romana Campos  
Enrique Castrellon  
Karen Cavanaugh  
Rebecca Chavez  
Jaya Chimnani  
Estefania Contreras  
Andrea Corianga  
Paula Cortes Campos  
Claudia Cuellar  
Ana P Delgadillo Herbas  
Lydia A. Endale  
Elizabeth Escovar  
Francisco Espaillat  
Jessica Espinal  
Cristina Estrella

Ashley Euceda-Mendoza  
Micheline Ferate  
Kate Gabriel  
Julia Galdiz  
Victoria Gandara  
Ariana Gordillo  
Kit Gordon  
Maria Elena Giraldo Greene  
Marilyn Guerrero  
Matt Gunn  
Tsion D. Habtamu  
Bud Hensgen  
Lucero Hernandez  
Alexandra Hernandez  
Carolyn Hull  
Renata Hurtado Benica  
Grace Keegan  
Tahsin Khan  
Karina Knizek  
Brenda Kozeniesky  
Jasmin Lara  
Brent Lederle  
Kate Linton  
Sunny Lkhagvasuren  
Adriane Lopez  
Paulina Lopez Gonzalez  
Charles Luoma-Overstreet  
Gracia Luoma-Overstreet  
Alyssa Luz-Ricca  
James Mack  
Qene Mahlet  
Maria Teresa Medina Rojas  
Constanza Menendez  
Richard Mickle  
Sam Milam  
Rayness R. Mollinedo-Rodriguez  
Joseph Naughton  
Danny Navarro  
Santiago Navarro  
Lisa Olocco  
Jamie Osorio  
Ramon Pericas  
Paula Pettavino  
David Pisfil  
Andres Prieto



Melany K. Puente  
 Gricelda Ramirez  
 Melanie Revollo  
 Sandy Rex  
 Evelyn Rios  
 Bianca P. Rivera  
 Alexandra Robles  
 Amy J. Rollins  
 Caroline Rothermel  
 Carol Ruppel  
 Beronica Salas  
 Rose Sanchez  
 Susan Schmidt  
 Rosa Scott  
 Fay Slatterly  
 Deborah Sliz  
 Jessica Sorto  
 Emilia Soto  
 Ro Staffieri  
 Carl Swartz  
 Tannia Talento  
 Ruth Tessema  
 Bill Tirado  
 Fernando Van Reigersberg  
 Stephanie van Reigersberg  
 Rodrigo Ventiades  
 Leonardo D. Vidal  
 Silvia Villacampa  
 Matthew Walters  
 Ricky Weiss  
 Thierry M. Zogo

**Administrative, Clinical & Pharmacy  
 Support, Exercise Instructors**

Caroline Adams  
 Ava Afshar  
 Bahar Agha  
 Brendan Avery  
 Lucia Patricia Avila Bedregal  
 Katy Banks  
 Lucy Banks  
 Nick Barker  
 Lloyd Bell  
 Sandra Boodman  
 Lila Borden

Sofia Braunstein  
 Victoria Burke  
 Lauren Burkett  
 Raesin Caine  
 Norman D. Calhoun  
 Iris Castro  
 Daniel Chen  
 Pia Clark  
 Amelia Clark  
 Bena Clemens  
 Bradford Clemens  
 David Cohen  
 Brenna Cook  
 Samantha Copeland  
 Carly L. Cox  
 Cait Crivella  
 Thomas Crow  
 William De Shazo  
 John Dietrick  
 Brendan Dolan  
 Cecilia Dos Santos  
 Natalie D'Souza  
 Ana Duarte  
 Sofia Duque  
 Derek Dye  
 Audrey Dyer  
 Sarah Edwards  
 Bridget B. Edwards  
 Sarah Edwards  
 Zoe Edwards  
 Jennifer Emry  
 Heidi Flores  
 Katya V. Fortin  
 Alec Friedman  
 Laura Fuentes  
 Richard Garrett  
 Sharon Golden  
 Andres G. Betancourt  
 Gina Grantham  
 Leila Isabel Greene  
 Mira Grocic  
 Madeline Hamborg  
 Madi Hartsell  
 Daniel Harwood  
 Jenny Heintz

Clare Hernandez  
 Allison Hoyle  
 Anne Hruskoci  
 Zhong Huang  
 Renata Hurtado Benica  
 Madeline Jennison  
 Sophie Jeong  
 Kristin Johnston  
 Hannah Jones  
 Milan D. Kassahun  
 Jill Kathman  
 Caitlin Kearney  
 Amita Khatri  
 Yeo Lim Kim  
 Kim Klingler  
 Barbara Korman  
 Alexandra Koza  
 Caroline Kramer  
 Charles Kramer  
 Sarah Kramer  
 Maria Kutsileva  
 Cindy Le  
 Seulgi Lee, RT  
 Myra Lewontin  
 Nancy Limprecht  
 Claudia Romero  
 Heide Lopez-Sanchez  
 Quan Lu  
 Karen Luz  
 Ellen Maland  
 Caitlin Maloney  
 William Mason  
 Jason McCandless  
 Alex Meyer  
 Lu Meyer  
 Kathy Mimberg  
 Kenji Mizoguchi  
 Kaly Moot  
 Sierra Moraven  
 Griffin Myers  
 Clara Nachmanoff  
 Elizabeth Nadeau  
 Kay Nassetta  
 Diane Naughton  
 Brad Nelson

Diana Nora  
 Annie Normand  
 Marvin Ortiz  
 Anita Ostad  
 Jackie P.  
 Daphne Papamichael  
 Dianne Parsons  
 Syril Pettit  
 Héctor A. Portillo  
 Paula Potts  
 Maria Pulido  
 Patrick Rasmussen  
 Uzma Rentia  
 Kenneth Ricks  
 Jheny Ruiz  
 Barbara Sandoval  
 Diana Santos  
 Emily Silverman  
 Rupa Siva  
 Reva Siva  
 Morgan Snow  
 Andrea Soto  
 Julianne Soyka  
 Maria Sugastti Balcazar  
 Lyudmyla Susla  
 Steven Tan  
 Sara Tershel  
 Kristin Tetro  
 Katherine S. Tobin  
 Margaret Todd  
 Alexandra Van Hook  
 Rachel Villagomez  
 Anastacia Wahl  
 Megan Wallace  
 Suzanne Warshell  
 Harrison Weinberg  
 Rebecca Weinberg  
 Alan Yandow  
 Candice Yoo  
 Julia Young  
 Jin Yu  
 Lily Zandi  
 Renata Zilli

# Honor Roll of Donors July 1, 2020–June 30, 2021

## OVER \$100,000

Amazon  
Georgetown University  
Northern Virginia Health Foundation  
Virginia Association of Free & Charitable Clinics

## \$50,000 TO \$99,999

Anonymous  
Arlington County, Virginia  
CareFirst BlueCross BlueShield  
Ron & Kit Gordon  
John Edward Fowler Memorial Foundation  
Ms. Andrea Limmer  
Morgan Stanley  
Morris & Gwendolyn Cafritz Foundation  
Diane & Tim Naughton  
Venable LLP

## \$20,000 TO \$49,999

Anonymous  
John Andelin & Ginger Geoffrey  
Arlington Community Foundation  
AvalonBay Communities, Inc.  
Community Foundation for Northern Virginia  
E\*TRADE  
Facebook  
Federal Acquisition Strategies, LLC  
Greg & Danielle Maurer  
Ms. Mary Mellon  
National Association of Free & Charitable Clinics  
Jyl & John Pomeroy  
Power of Pink Fund  
The Safeway Foundation  
TD Charitable Foundation  
Truist  
Virginia Health Care Foundation  
Mike & Maeve Ward  
Washington Forrest Foundation

## \$10,000 TO \$19,999

Anonymous  
James & Donna Alpi  
Arlington Thrive  
Dr. Joseph & Lucia Backer  
Katy & David Banks  
Michael & Kathy Basile  
The Boeing Company  
Brookfield Properties  
Mr. Donald Campbell  
Carlson Family Foundation, Inc.  
Cavalier Home Health  
CBG Building Company  
Community Foundation for Northern Virginia/Denkler Family Charitable Fund  
Dominion Anesthesia Group  
Dominion Energy Charitable Foundation  
Tracy & Max Donley  
Glenn & Gerri Ferguson  
Fernanda & Brian Fisher  
The Geary-O'Hara Family Foundation  
Glass Charitable Foundation  
Greystar  
Hilton  
JBG Smith  
Jockey Hollow Foundation  
George & Lauren Johnson  
King & Spalding  
Lainoff Family Foundation  
Ginger & Brett Loper  
The Max & Victoria Dreyfus Foundation, Inc.  
Rita & Patrick McCracken  
National Alcohol Beverage Control Association  
Nirschl Orthopaedic Center  
Patterson Foundation  
PLBsearch LLC  
Randolph D. Rouse Foundation  
Thomas C. Shooltz  
The Shooshan Family Fund  
Mark & Rozanne Silverwood  
Sarah & Dane Smith  
Jennifer Sosin & Adam Posen  
St. Mary's Episcopal Church

UnitedHealth Group  
Virginia Cancer Specialists  
Virginia Hospital Center Arlington Health System  
Nancy White & John Bryan

## \$5,000 TO \$9,999

Anonymous  
Ana Alvarez Bachand & Jonathan Bachand  
Andersen, LLC  
AT&T  
Avalon In-Home Nursing and Rehabilitation  
B. Riley Financial  
Tom & Hillary Baltimore  
Janet & Dennis Bedell  
Douglas & Carri Berenson  
Matthew & Ilona Birenbaum  
Blackfin Real Estate Investors/Iron Fish Construction  
John F. Benton & David W. Briggs  
Mark & Nancy Buchholz  
Wendy & Ralph Carter  
Giuseppe & Mercedes Cecchi  
Charles E. & Charlotte T. Curry Foundation  
Cherrydale Health & Rehabilitation Center  
Brian & Ellie Christiansen  
Clark Construction Group, LLC  
Sue & George Covucci  
Doty & Jim Dake  
Dr. Neelima Denduluri & Mr. Kiran Kolluri  
Donohue Family Foundation  
Collins & Mary Ege  
Joanna & Grant Ehat  
EY  
Family Therapy Center of Old Town  
Drs. Loren Friedman & Patricia Rodriguez  
Laura Fuentes & Will Meyer  
Mr. Charles E. Gilbert  
Mary Cornelia Ginn  
Goodheart Home Healthcare Services  
Ms. Judith A. Guerny  
Mr. & Mrs. Bernard Guiliano  
Adam & Beverly Hess  
Host Hotels & Resorts  
Dianne & Paul Houghton  
Michele Goller & David Hyman  
The Jefferson by Sunrise  
Kaiser Foundation Health Plan of the Mid-Atlantic States Inc.  
Dr. & Mrs. Paul Keiser  
Mr. Mark H. & Mrs. Patricia B. Kellogg  
Jody & Steve Steiner Kelly  
Keyrus USA Inc.  
Mr. & Mrs. Jeremy Kreisberg  
Ms. Ruth Lawrence  
The Lear Family  
Lemoncello Boutique  
Diane Lewis/Washington Fine Properties  
Dean & Jill Lin  
Joe Lynch & Susan Dunlap  
Ms. Caroline Mayer  
Jessica & Ben Morris  
Kay & Paul Nassetta  
National Home Healthcare, Inc.  
Nestlé  
Northern Virginia Radiology Consultants  
Novavax  
Dr. & Mrs. Derek Ochiai  
Ms. Ann E. O'Neil  
Daphne Papamichael & Tim Nichols  
Park Hotels & Resorts  
Patrick P. Lee Foundation  
Mr. David Peete  
Mr. Ed Peete  
PMA HEALTH  
Regency Centers  
Merrill Lynch/Tom Rietano  
Joanne Schehl & William Stratton  
Scott & Carol Ann Smallwood  
Soap & Water LLC  
The Sovereign Order of St. John of Jerusalem  
Keegan & Suzanne Stroup  
MaryBeth & Kevin Sullivan  
Chuck & Kristian Todd  
Leigh Z. Troutman  
Verizon Foundation  
Mr. Marvin F. Weissberg  
Womble Bond Dickinson (US) LLP

# ARLINGTON thrive

Arlington Thrive provides same-day, emergency financial assistance to residents in crisis. Most clients are the working poor, elderly and disabled people on fixed incomes, and homeless/formerly homeless individuals who need Thrive's funds as a "safety net" until they can get back on firmer financial footing. Arlington Thrive has been an essential community partner to AFC for years, but since the start of the pandemic our relationship has been more important than ever.

Four years ago, Arlington Thrive established a fund to provide \$1,000 per month to subsidize AFC patients' dental costs. Our dental program is only six years old and doesn't yet have enough volunteers to allow us to provide *completely* free dental care (over the course of 27 years, our now 150-providers-strong volunteer medical team provides free care). We charge \$50 per dental visit, a very affordable amount compared to the private market, but many of our patients require services beyond basic cleanings and fillings – and crowns, partials, and dentures involve very costly lab fees. Our dental clinic provides thousands of dollars' worth of advanced dentistry at cost, but when patients cannot afford it, the Thrive Patient Dental Fund is a valuable resource that we can draw on.

Beyond Thrive's important investments in oral health at AFC, the Arlington Emergency Relief Fund (AERF) has come to be an important lifeline for patients – especially over the past year and a half. At the start of the pandemic, so many of our patients working in the service sector lost their jobs and incomes overnight. Referrals to our Social Services Case Manager, who helps ensure patients' needs beyond the exam room are getting met, tripled. Patients needing help with rent or phone bills can find relief through Thrive's AERF Fund, which disburses up to \$1,000 per day to individuals via local safety-net partners like AFC. But it's the flexibility and responsiveness of this remarkable resource that makes it invaluable: near the end of his life, one of our very sick patients shared with his nurse that his greatest concern was over his family going into debt due to his funeral expenses. Through Thrive, we were able to alleviate his fears and support his grieving family in a very important, tangible way.



# Honor Roll of Donors *continued*

## \$2,500 TO \$4,999

Anonymous  
The 1772 Foundation  
Sean & Heather Atkins  
Barbara & Stephen Bouchard  
Kathy Buto & Tom Korns  
Capital One  
Lawrence Cheng  
Clarendon Dental Arts  
Walter & Leyla Coker  
The Connally Family  
John & Mary Ann Couric  
The Crivella Family  
Ms. Michele-Anne Ebe-Riley  
Faith Lutheran Church  
Alice & Brendan Feeley  
Cristin & Seth Finkel  
Jeanne & Dr. Bill Franklin  
Jerry & Kathy Freshley  
Gables Residential  
Jennifer & Mario Gamboa  
Gates Hudson  
Jack Goodman  
Brian & Danine Gray  
Greater Washington Community Foundation  
Ann & John Heinrich  
Horizons Healthcare Services  
International Monetary Fund  
The James & Marian Snively Memorial Fund  
Johnson & Johnson  
Carly Kelly & Christian Beckner  
King & Spalding  
Dana & Ray Koch  
P. Lord  
L & L Family Foundation  
Mr. Jameson Ma  
Marianne & Tri MacDonald  
Manning, Murray, Barnett & Baxter, P.C.  
The McDonnell Burnett Family Fund  
Robert & Judy McLaughlin  
Merrill Lynch  
Litsa & Peter Mikhalevsky  
Bob & Rhonda Milkovich

George Moose & Judith Kaufmann  
Mount Olivet United Methodist Church  
Dr. & Mrs. Trevor Myers  
David & Laura Nachison  
Tina Papamichael  
Linda Phillips  
Mr. Laurence Platt & Ms. Claire Herington  
Paula & David Potts  
Jeremy & Tamara Preiss  
Nikki Reeves  
Lola C. Reinsch  
James A. Reuter & Janet E. Heininger  
John & Barbara Rhee  
Rock Spring Congregational UCC  
Patrick Shooltz  
Mr. Randi Sidgmore & Mrs. Marian Gelbwaks  
Skanska  
Mr. & Mrs. Arthur L. Speck, Jr.  
Sullivan, Bruyette, Speros & Blayney, LLC  
SYNERGY HomeCare of Arlington  
Rob & Pamela Tanenbaum  
TD Bank  
Karen Thomas & Mark Nestler  
Sarah & Greg Trimmer  
United Bank  
Stephanie Van Reigersberg  
Virginia Heart  
Walker & Dunlop  
Dr. Suzanne Wittig & Mr. Scott Van Buren  
Grant & Beth Yoder

## \$1,000 TO \$2,499

Anonymous  
Adams Charitable Foundation  
Betty S. Adelman  
Mr. & Mrs. Allan Algozo  
Algozo Family  
Greg & Laura Allen  
Smita & Vipul Amin  
Jessica Anderson  
Drs. Tina & Chris Annunziata  
Anthem HealthKeeper's Plus

Arlington Presbyterian Church of the Covenant  
Arlington South Lions Club  
Arlington Thrive  
Dr. Dave Atkins & Dr. Laura Stone  
George & Kimberley Bailey  
Balfour Beatty Construction  
Ms. Hilary Ball  
Art & Jan Baltrym  
Ms. Rita Bamberger  
LCDR (Ret.) Linda J. Barbour  
Mary Joe & Richard Barrazotto  
John & Dawn Bellinger  
Karen Berg  
Mark Bildner & Melissa McSherry  
Body Dynamics, Inc.  
Matthew & Marisa Bolssen  
Lillibeth Boruchow, MD  
Terry & Michael Bratt  
Joan Bready & Donn Edwards  
Patrick Brown  
Drs. Denise Bruner & Paul Schipper  
Mr. Leonard Burman  
Capital Caring Health  
Shane Carney  
Church at Clarendon  
Dr. Claire M. Cifaloglio & Mr. Robert Abbot  
The Claeys Family  
Ms. Barbara J. Clemens  
Whitney & Alex Cobey  
Company Flowers & Gifts Too!  
Ms. Kristen Conklin  
Dr. Wilson & Nancy Coudon  
Brad & Cathy Coyle  
Drs. Daniel & Ritu Cuttica  
Jack Davis & Eric San Juan  
Mr. Christopher Deal  
Honora Dent  
Design Cuisine  
Mr. James D. David & Mrs. Maria Coakley David  
Ms. Karen DeThomas  
Maria DiGiulian & Forbes Hays  
Steven & Elissa Director  
Ms. Jef Dolan

Kathleen Dolan  
Chris & Lisa Dorsey  
Mr. & Mrs. Bernard Doyle  
Melissa Dulski & Aydin Mohtashamian  
Donnetta Duncan  
Elevation, Ltd.  
Mr. Francisco Espaillet  
Excella Consulting  
David & Marilyn Falksen  
Tom & Jean Falvey  
Kirstin Gibbs & Stephen Fedorchak  
Martin & Grainne Fetherston  
Bruce Fried & Lisa Hill  
Edward Fu  
Full Visibility LLC  
Gartner  
Mr. Gerald B. Greenwald  
Jen & Kevin Griswold  
Laurie B. Hall  
Suzanne Harness & Raymond Kogan  
David Harris  
Carolyn & Alden Hart  
Bud & Helen Hensgen  
Beth Fuchs & Jack Hoadley  
Marjorie & George Hobart  
Margaret Holland Charitable Fund  
Bernard R. Hyde, Jr. & Nancy S. Hyde  
Kurt Hyde & Evelio Rubiella  
Dr. Noreen A. Hynes & W. Seth Carus  
In Christy's Shoes  
Ms. Elizabeth E. Janopaul  
Kristin Jensen & Mina Faltas  
The Jensen Family  
John Snow, Inc.  
Barbara & Joe Johnson  
Donald K. & Barbara F. Jones  
Kelleen & Kenneth Kaye  
Martin E. Keane  
Linda & John Kelleher  
Ellen & Patrick Kelsay  
Tatusko Kennedy, PC  
Mr. Michael Kim & Mrs. Eunice Chung  
Dr. R. Adam Kinney & Dr. Stacey Standridge  
Dr. Edina Komlodi-Pasztor

John M. Kristy  
 Michael Krulfeld  
 Mr. & Mrs. Thomas Lane  
 Mark & Jana Laufman  
 Barry Lawson & Liz Wheeler  
 Charles A. & Jennifer K. Lawson  
 Ms. Kristin Liautrakul  
 J. D. Link & M. L. Link  
 Luz-Ricca Family  
 M. Green Family Fund  
 Mr. & Mrs. William F. Magner III  
 Mr. Vik Malhotra  
 The Manny & Ruth Cohen Foundation  
 Mr. Akrivi Mazarakis  
 Mr. & Mrs. John F. Mazzuchi  
 Mary & Thomas McCabe  
 Ray & Diane McClure  
 Mr. & Mrs. Brad McDonald  
 Debby & Dan McGinn  
 Joan McIntire  
 Gillian McPhee & Greg DiCostanzo  
 The Meridian Group  
 Mark A. & Shelley A. Micali  
 Dick & Ginny Michaux  
 Coralie & Rick Miller  
 Morgan & Preston Miller  
 Mr. & Mrs. Robert A. Mosher  
 Mount Zion Baptist Church  
 Jane & Robert Munsey  
 Venkat Murthy  
 Eve & Jim Murty  
 Seetaramayya Nagula  
 Mr. & Mrs. Norman P. Neureiter  
 NFP  
 Katie & Chris Niehaus  
 Elizabeth Niemeyer  
 Dr. & Mrs. Robert P. Nirschl  
 Nicole & Ron Novak  
 The Omidyar Group  
 Kevin P. O'Shea  
 John & Roberta Overholt  
 P3Hired  
 Mamie Papamichael  
 Patient First

Melinda & Bob Patrician  
 Lynn Berry & John Pelkey  
 Perius, Inc.  
 Kit A. Pierson  
 Alicia & Mike Pizzi  
 Ms. Emily I. Potosky  
 Kathy & Peter Prominski  
 Mr. Michael Rank  
 Sally Reinholdt  
 Resurrection Evangelical Lutheran Church  
 Rhodes Bolin Charity Fund  
 Scott & Joan Ritter  
 Leigh & Bert Roberts  
 Dr. Arthur Rubin & Ms. Elizabeth S. York  
 Jane & Bruce Ryan  
 Drew Sanzenbacher & Meg Burns  
 Mr. & Mrs. Thomas S. Scarano  
 Rene & Curt Schafer  
 Carole & Glenn Schweitzer  
 Laura L. Sessums & Blake A. Biles  
 Ms. Karen Sheehan  
 Chris & Tracey Silk  
 Jim & Benta Sims  
 Mr. George Tyler Smith  
 Ms. Virginia Sorkin  
 Marty Spitzer & Christine Lewicki  
 Spokesmith.com Power Your Public Speaking  
 Mr. & Mrs. Tom St. Maxens  
 Mr. & Mrs. Brad Stanford  
 Bennett & Bethany Sutton  
 James Swigert & Nancy Neubert  
 Templer Wealth Management  
 Helen & Rick Tiene  
 Mr. & Mrs. Charles A. Trabant  
 Trinity Presbyterian Church  
 TriVistaUSA Design + Build  
 John Truran & Gregory Naranjo  
 Ms. Adrea Tryggestad  
 TTG Holding Company Inc  
 John C. Vance, MD  
 David & Lisa Walsh  
 Roger & Diane Warin  
 Anne & Michael Weaver  
 Jennifer Weber & Justin Moore

Jim Wehner & Marion Meissner  
 Whole Foods Market Community Giving Program  
 Bob & Kate Wilson  
 Mr. & Mrs. Christopher Young  
 Susan & Steve Zimmet  
 David & Michelle Zook  
 Zoya's Atelier

## \$500 TO \$999

Anonymous  
 Mr. & Mrs. Peter Almquist  
 Ms. Trudy Amin  
 Full Visibility LLC  
 Apple  
 Ms. Lizzette Arias Galvez  
 Jean Atkinson  
 Mr. & Mrs. John Belz  
 Dr. Paula Bergamini  
 Roy Berkowitz  
 BNY Mellon Charitable Gift Fund  
 Jill S. Boissonnault  
 Mrs. Carol Bowman  
 Kevin & Anne Boyce  
 Jan Braumuller  
 Ms. Eden Brown  
 Mr. Jeffrey Bucholtz & Ms. Bethany Matz  
 Mr. & Mrs. Anthony T. Burchard  
 Mr. & Mrs. Peter Burke  
 Blain & Peg Butner  
 Kristin Cabral  
 Care with LOVE  
 H. Carlisle  
 Biffy & Chris Cathcart  
 Julie & Mike Ciatti  
 Clare and Don's Beach Shack  
 Ms. Susan Clyde & Mr. Peter Siegwald  
 Caroline & Liam Coakley  
 Elwood & Mary Cobey  
 Sandy Cohen  
 Mr. & Mrs. Daniel F. Creedon, Jr.  
 Congressman Joe Crowley & Kasey Crowley  
 Meredith & Kevin Dalzell  
 John Davis & Bonnie Freeman  
 Mr. Dennis Deloria & Ms. Suzanne Thouvenelle  
 Amy & Ken Dodds  
 Krista & Michael Dorrian  
 Mr. Robert Clay & Mrs. Carol Duffy Clay  
 Charles M. & Jo Ann Durishin  
 Mr. Thomas Edwards  
 Julie Esanu & Craig Davis  
 Mr. & Mrs. Paul Fiorino  
 Mr. & Mrs. John Fomous  
 Moira Forbes & Jared Hughes  
 Freddie Mac Foundation  
 Liz Freedman  
 Ms. Lynn Bays Fuechsel & Mr. Jim Fuechsel  
 Joseph Gagnon & Paul Adamczak  
 Robyn Garnett  
 Peggy Gartner  
 Col. & Mrs. Francis Gilligan  
 Paul B. & Gail T. Ginsburg  
 Henry & Jane Goetzman  
 Philip & Carol Gold  
 Jan Gordon & Donald Oellerich  
 David & Maria Greene  
 Dr. & Mrs. Michael Halle  
 Rachel Halpern  
 William M. & Susan B. Hewitt  
 Mr. & Mrs. Russell A. Hitt  
 Mr. & Mrs. James Sherman Holmes  
 Home Instead Senior Care  
 Mr. & Mrs. Richard Horan  
 Nanette M. Hotchner  
 Justin & Kris Humphrey  
 Independent Project Analysis, Inc.  
 International Business Machines Corporation  
 Mr. & Mrs. David Jacobson-Kram  
 Nina Janopaul & Bart Naylor  
 Neil & Lynn Kataria  
 Ms. Ann Kelleran  
 Mr. Jay Kimbrell & Mrs. Elizabeth Bates  
 Cathleen Koch  
 Barbara & Jim Korman  
 Kathryn Kovacs & Thom Siegwarth

# Honor Roll of Donors *continued*

Mary & John Kudless  
 Judy & Jim Kuhagen  
 KVS Title, LLC  
 Ms. Patricia M. Lark & Mr. Lutz A. Prager  
 Mary Margaret Lewis  
 Theodore C. Liazos  
 Kendra Liebert  
 Mr. & Mrs. T. Michael Louden  
 Eliza & Michael Lowe  
 Betty Lou & Jack Ludwick  
 Mr. & Mrs. Lowell Lynch  
 Michael Lynch  
 Marian & Daniel MacGilvray  
 Ellen Maland & Donald Adams  
 Helaine & Ronald Mario  
 Dr. & Mrs. J. Kenneth Marshall  
 Ms. Kathryn Martin  
 Warren & Diane Marton  
 Marty & Lee Mathis  
 Ms. Nancy McEldowney & Mr. Timothy Hayes  
 Ms. Karla McEvoy & Mr. Thomas Hibarger  
 Terry McManus  
 Melwood Horticultural Training Center, Inc.  
 Mr. Adam J. Meyerson  
 Mark E. Miller  
 Mr. & Mrs. William B. Moore  
 Mr. & Mrs. Thomas Moriarity  
 Mr. & Mrs. John C. Morland  
 Amy Mortimer  
 Polly Nayak  
 Andrea Lee Negroni  
 Ms. Melanie Nezer  
 Varun & Trusha Nikore  
 Ms. Constance O'Connor  
 Conor & Sarah O'Keiff  
 Stephen O'Neill & Kimball Winn  
 Elizabeth Otto  
 Ms. Kristine Brown Pace  
 Ms. Nora Palmatier  
 Pax Community  
 Linda & Donald Peck  
 Sara Pikofsky & Dan Eisen  
 Pinnacle Healthcare Consulting

Cary & Ron Poropatich  
 Dean M. Powell & Elizabeth D. Moffett  
 Mr. Jared Powell  
 Lee Price & Kathleen Price, M.D.  
 Kevin & Karen Rainey  
 Dan & Blair Rasmussen  
 Mr. & Mrs. Jeffrey Ricchetti  
 Linda A. Root  
 Andrew & Heather Rosenberger  
 Anne M. Saba  
 Marissa Schlaifer  
 Jackie & Leland Scott  
 Mr. & Mrs. Stephen R. Senkus  
 Mr. Dennis Shea & Mrs. Nancy Everett  
 David & Susan Sherman  
 Shira & Ben Simon  
 Mr. Joseph E. Slavinskask & Ms. Alice S. Buch  
 Deborah Sliz & Alan Yandow  
 Mr. Stanley Slotter  
 Catherine & Donald Smith  
 Dr. & Mrs. Kelly K. Soh  
 Renuka Sothinathan  
 Abbe Steel & Tom Howard  
 Mr. Larry Suiters & Ms. Gail L. Harrison  
 Tannia Talento  
 Mary Anne Taylor  
 Ms. Amy Thompson  
 Mr. Andres Tobar  
 Ms. Kristen Tortorici  
 Karen & Pete Toto  
 Casey & Laura Triggs  
 Benjamin & Emily Tsai  
 Nicolas Tsiopanas  
 Mr. & Mrs. Karl VanNewkirk  
 Walker Chapel United Methodist Church  
 Jane Wendelin & James Callan  
 The Wiersberg Family  
 Rita & Kent Wiggins  
 Jeffery S. Wingate  
 William J. & Stephanie H. Wiseman  
 Frederick Wood  
 James Woolford & Catherine Gahres  
 Dennis & Kathleen Wright  
 Dr. & Mrs. Christopher Wyckoff

David & Julie Zalkind  
 William J. Zeile & Maria M. Yang  
 Janet Zipser  
 Cheryl Zook

## \$100 TO \$499

Anonymous  
 AARP  
 Dorothy Acosta  
 Benjamin & Anna Adams  
 Alexandra Ahmed  
 Ms. Whitney Albrittain  
 Alexandria Capital  
 Mrs. Betty Allan  
 Ms. Linda A. Allen & Mr. Ronald L. Bass  
 Michael Allison  
 Russell & Marilyn Anderson  
 Andrita J. Andreas  
 Marguerite J. Andreu  
 Gabi & Mike Antonelli  
 Ann & Steven Aoki  
 Arlington Retired Teachers Association  
 Ms. Joan Arsenault  
 Catherine & William Arthur  
 Maureen & Jay Arvai  
 Jane M. Rutt  
 Alfredo & Mary Aunon  
 The Bachand Charitable Trust  
 Lauren Bahls  
 Mr. & Mrs. William B. Baker  
 Mr. & Mrs. Jim Ballard  
 Lawrence Banker  
 Jeb & Barbara Bankert  
 Donna & Thom Banks  
 Virginia G. Barazia  
 Stephanie Barnes & Alejandro Gonzalez  
 Janet Z. Barsy  
 Ellen S. Bartlett  
 Kelly Barton  
 Mr. & Mrs. Michael Barton  
 Kate & Ronnie Bates  
 Rose & Richard Bates  
 Don & Marnie Beale  
 Bean Family Charitable Fund  
 Ginnie Beard  
 Carol & Fred Beck  
 Col. & Mrs. John B. Bellinger, Jr.  
 Mr. Terry Belt  
 Charlotte S. Benjamin  
 Jennifer & Joe Bernardo  
 Ms. Lana Bian  
 Ms. Anne Biedscheid  
 Pepper & Randy Binner  
 Bob & Jan Blancato  
 Bob Boisture & Mary Margaret Pipkin  
 Dr. Brian J. Boland  
 Ann-Marie Bolton & Steven Heare  
 Ms. Melissa Bomberger  
 Sonora Bostian-Posner  
 Kara Boudreaux  
 Gary A. Bowley & Laurie J. Parker  
 Ms. Janet Boyd  
 Alfred & Theresa Bozzo  
 Deborah & James Brennan  
 Ms. Linda Briley  
 The Honorable Robert Brink  
 Mr. & Mrs. Michael Broder  
 Laila & Trevor Brooks  
 Eric Brown & Dan O'Brien  
 Mr. & Mrs. Peter Bruce  
 Ms. Robin Buckley & Dr. James Olds  
 Rhonda Buckner & Diane Ullius  
 Mary & David Bullen  
 Dr. & Mrs. Robert G. Bullock  
 Marjorie Burdetsky  
 Burness Communications  
 Ms. Janet Burns  
 Ms. Cynthia L. Butler  
 Thomas Butler, M.D. & Patricia Dunn  
 Calvert Controls, Inc.  
 David & Heidi Capelli  
 Robert & Rose Capon  
 Roderick & Emily Carmody  
 Mr. Bill Carrigan & Mrs. Denise Knisely-Carrigan  
 Eric & Dianne Carroll  
 Mr. & Mrs. William S. Cartwright  
 Mrs. Donna Casey



Mr. Enrique Castrellon	Karen & David Duhamel	Mike & Elizabeth Gill	Michael & Shannon Higgins
Tanja & Ernesto Castro	Cynthia Dunbar, R.N.	Mr. & Mrs. David R. Glass, Jr.	Peter & Carolyn Hill
John & Jennifer Caterini	Karen & Tom Dunlap	Andrea Glosser	Dr. Jessica Hirschhorn & Mr. Henry Howard
Mr. Kyle Chadwick	William Durch	Mrs. Louise Gold	Kim Hjort
Melissa & Joshua Chang	Ms. Allison Dyer	Carol & Milton Goldberg	Chris Hockley & Claire Sheahan
Stephanie M. Chang	Cathy Eckbreth	Mr. Michael A. Goldman	Hon. Edward M. Holland
Allayne & Brian Chappelle	John L. Ehlers	Jorge Gonzalez & Malini Mithal	Caroline & Paul Holland
Mr. & Mrs. William Chipman	Eisenfeld Family Fund	Carol Goodloe	Dr. Anna Mikulak & Mr. Robert Trevor Holland
Cristina Chou	Sallie & Corbin Eissler	Marc Gordon	Pam Horwitz
Mr. & Mrs. David & Arlene Christian	Iman El Shayeb	Anne Purcell & Gary Gortenborg	Ms. Margaret J. Howe
Dr. Andrea Clark	Mr. Charles J. Engel III	Amy & Fred Graham	Dr. Caroline Huang
Frederic & Dorothy Clarke	Ms. Barbara Eustice	Mr. Ryan Graham	Ms. Jill C. Hudson
Mr. & Mrs. Frederic Cochard	Kathryn & Joseph Fabiszewski	Mildred Grant	Beth Humphrey & Jon Glazier
Rita & David Cohen	Mr. Vincent J. Falvo	Nancy F. Green	Alejandra Hurtado de Mendoza
Surekha & Shaun Cohen	Pat & Andrew Fang	The Greene Family	Helen & Paul Hyman
Ann C. Cole	Fannie Mae	Mark Greenwood & Carrie Wolfe	Mr. & Mrs. Jeffrey Ihnen
Mr. & Mrs. Don Cole	Hon. Barbara A. Favola & Mr. Douglas Weik	Christine Gregory & Chuck Morley	Ms. Kaya Ikuma & Mr. Faris Asad
Community United Methodist Church	Mr. Joe Fay & Ms. Ann Harrison	The Gregory Family	Indeed
Ms. Christine Corser	Ms. Paula Feeney	Carl Grimes	Mr. & Mrs. Gary D. Ingram
Susan Craig	Doris & Mike Feinsilber	Lisa Grosh & Don Names	Alden & Judith Irons
Ellen H. Croog	Charles Feinson	Larry & Kathy Grove	Mr. & Mrs. Ray C. Isaacs II
Ms. Adele Crump	Ms. Margaret Feinstein	Manisha Grover	Mr. Shubha Iyengar
Ann & Thomas Crystal	Micheline Ferate	Dr. Andrew A. Guccione	Jim & Nancy Jackson
Mr. & Mrs. John Cunningham	David & Ayesha Flaherty	George Gurvin	Ms. Claire Jacobsen
William J. Curtin III	Mr. & Mrs. Weston Fox	Jack Hadley	Missy Jamieson
Cheryl Ramp & Jeff Dale	Ms. Laura Fox	Mr. & Mrs. John J. Haffey III	Dr. Laura A. Jawidzik
Mr. Forest E. Dalton II	James & Frances Francois	Jessica Schwartz Hahn	JLL Capital Markets
Kieran Daly & Maria Gallagher	Adrienne Freshman	Charlie Hallahan	David Johnson & Barbara Taylor
Dr. Melissa Dana	Holly Frost	Bill & Ellen Hanson	Kevin & Beth Jones
Mrs. Katherine Danyliw	Drs. Aaron & Leah Fuchs	Dr. John Watts Haresch	C. Sherfy Jones
Ms. Catherine Dargan	Judy & J. Vic Funderburk	Paul Harless	Ms. Jennifer Jones
Hon. Karen Darner	Jeffrey & Leslie Furst	Mr. & Mrs. Philip J. Harrick	Ms. Karen Kaczmarek
Mr. Loren Denton	Dr. & Mrs. Alfred Galiani	Mr. R. Parker Harrington	Vivian Kallen
Nancy & Dennis DeRiggi	Mr. & Mrs. W. P. Gallagher	Ms. Claudia Harvie	Candy Kane & Jack Lane
John Derrick	Gastroenterology Center of Northern Virginia	Ms. Laurel Hausler	Ms. Robin Kaye
Tonio & Amelia DeSorrento	Amy & Scott Gawne	Mr. & Mrs. Robert H. Hawthorne	Carolyn Keefe
Anne & Harry Devens	Dr. & Mrs. Lawrence A. Gaydos	Elizabeth Haile & David Hayes	Kelerchian Family
Natasha Dillaman	Mr. David M. Gearin & Ms. Jean Lynn	Shannon & David Haynes	Meghan & Jeff Keller
Mr. Charles Dluhy	Renee J. Gentry	Elizabeth Healy, NP	Mr. Colin Kelly
William D. Dolan III	Edward Gerwin	Jacqueline Hechtkopf	Stevie Anne Kelly
Phil Dolliff	Lonika Majithia	Bryna Helfer	Mr. Trevor Kelly
Cynthia & Joe Donohoe	Mrs. Gloria Gibson	Clara M. Hemphill	Chris & Kathy Kempley
Mr. & Mrs. Tom M. Downie	Mr. & Mrs. David Gieseaman	Ms. Janet H. Henrichsen	Rich & DeAnne Kennedy
Michael & Zita Drillings		Susan Herlick & Will Dunham	
Mr. & Mrs. James E. Duffy		Patricia Hernandez	

# ARLINGTON FREE CLINIC WE SEE YOU 2020 VIRTUAL BENEFIT GALA

Arlington Free Clinic launched its 2020 fundraising season for its first ever Virtual Benefit Gala at the height of the pandemic. We were sensitive to the fact that it was an uncertain and financially challenging time for many of our regular supporters, but our patients still needed us to ask.

We were hopeful that local businesses would still donate to our silent auction and that our community of individual and corporate supporters would still sponsor a virtual event. We're happy to report that almost all of the families and businesses that typically support gave last year and tuned in from home!

As the 2021 fundraising season rolled around, we had hoped that we'd be able to come back together to celebrate the work of AFC in person, but instead we had to return to the community and ask that they once again support us through a virtual event.

Thank you to all who have stood by our patients throughout the pandemic and supported two Virtual Arlington Free Clinic Benefit Galas. These events are not just fun parties - the funds raised account for 25% of our annual operating budget. Your continued support has made a significant difference in the lives of our patients.

*Scenes from Arlington Free Clinic's 2020 Virtual Benefit Gala. Top to bottom: Host, Chuck Todd; Attendees, Jody Steiner & Steve Kelly; Red Carpet Hour Special Guest, Katie Couric; Virtual Photo Booth; Stephen Fedorchak, Virtual Bartender for the Evening; Kennya Alvarado, RN, AFC staff.*



# Honor Roll of Donors *continued*

Ms. Jenny Kenney & Mr. Alfred J. Beech	Mr. & Mrs. Jorge Tellez	Ms. Maureen A. McLaughlin & Mr. Art Hauptman	Ms. Stacy O'Donnell
Linda & Kirby Kingsley	Mr. David Lomita	Mr. & Mrs. Rich McNally	Ms. Katie O'Geen
Mary & Matt Klapmust	The London-Moylan-Jacobs Family	Dr. Robert & Mrs. Karen Meister	David Ogilvie
Ms. Kristen Klein	Ms. Ellen Loney	Melodee A. Melin	Mr. Chris Olyniec
Giuliana & Michael Klesius	Rosemary Loney	Rev. Andrew T. Merrow	Karen Ott
Katie Kline & David Wasserman	Susan Retz & Charles Lovett	Mona Milberg	Jennifer & John Owens
Kim Klingler	Don Henderson & Dan Lowry	Milder Family	Jennifer Ozawa
Joseph Knarich	Michael Paley & Anna Lucca	Evan & Christine	Jeanette Pablo
Bob Knetl	Mary Ludden	Mr. Kyle Miller	C. Ware Palmer
Margaret & Kevin Knight	Mr. & Mrs. Sean Luks	Mr. Scott Miller & Mr. Rick Reinsch	MaryAnne & David Panich
Kathi & Dan Knise	Mark & Maxine Lunn	Colin C. Milon	Hiral Kantilal Patel
Dr. & Mrs. Edward Koch	Ann & James Lunson	Juliet Mondshine	Mildred Patterson
Yvonne Kodl	Elizabeth & James Lyon	Mr. Nathan R. Monell	Scott E. Pedowitz
Alan Kotok	Ms. Christina MacBride	Walter E. Monroe	Rob Pegoraro
Stacy & Rob Kreppel	Marilyn MacCarthy	Roy & Marie Morris	Blossom Perry
Lori Jonas & Bob Kruger	Mr. Mark F. Macek & Ms. Christine Ricci	Mr. & Mrs. Daniel G. Morrissey	Karen & Mark Pettit
Brian & Meg Kuhagen	Margaret Mack	Elizabeth Morton	Susie Pettit
Carol & Keith Kurtz	Mr. Edward Maeder	Mr. Kevin Moss	Mr. Larry R. Pilot
Ms. M. Kusiak	Sherry & Tom Mahoney	Patti & Tom Mugavero	Dr. Jane Piness & Mr. Jack O'Neil
Courtney Kwiatkowski	Eric Malpeli	Ed Murn	Christine L. Pintz
Ms. Sheri LaBonte	Grant Mandsager & Gillian Burgess	Mr. Shane Murray	Mr. Scott Pivnick
Ms. Janet Y. Ladd	Mr. & Mrs. John Mangis	Bill & Pam Murray	Michael Platner & Janice Burch
Ms. Alice M. Lancaster	Mr. Joe Mansour	Alexandra Murty	Ms. Suzanne Pollard & Mr. Michael Britt-Crane
Tom & Kimberly Lane	Karen Marangi	Mr. Ronald W. Musselwhite	Ms. Elinore S. Pollock
Margaret & Kip Laramie	Ms. Sue Marcus	John Musso	Amy & Brent Polly
Andrean Larson	Dr. Nancy Watt Marin	Mr. & Mrs. Michael Musto	Potomac Woman's Club
Andrew Leahy	Christina M. Markus	Eric & Jennifer Meyers	Linda Creighton & Stewart Powell
Michael & Natascha Ledford	Alex Martin	Kathryn Nadeau & Joshua Stewart	Steven Mario Prada
Anderson Family	Mr. Keith Martin	Ms. Sakura Namioka	Ramiz Prasla
Stacy B. Leff	Mr. Harvey Martineau	Jessie & Sam Napolitano	Terri & Michael Prell
Mark & Linda Leheney	German Martinez	Dick & Joy Nathan	Elizabeth Priaux
Robert Lehman	Patricia & David Martinsen	Mr. & Mrs. Daniel Naughton	Katherine & Andrew Price
Lois Leinkram	Mary-Jeanne R. Martz	Rita Naughton	Ms. Jean A. Pritchard Nava
Mary Anne & Scott Leitch	Marshall & Debbie Matz	Mr. Hollis B. Nesbit	Public Affairs Support Services (PASS)
Ms. Amy Leonard	Ms. Marietha A. Mayen	The Neyland Family	Mr. & Ms. Scott Raab
Ms. Sarah Lettau	Mr. Andrew McCollum	Mr. Thomas Nichols & Ms. Naomi Klaus	Isabel J. Ramaswamy, MD
Mr. Stephen Levin	Andrew & Kirsten McCollum	Marty Nielsen	Carolyn & Michael Rapp
Dr. & Mrs. William Licamele	Ms. Anne McCoy	Darci Niestroy	Jerel & Brenda Reichel
Nancy Limprecht	Dr. Kathleen McCray	Mr. & Mrs. Javier Nieves	Katherine Reid
Vicki & Geoff Lindsay	Ms. Jennifer McHenry	Mr. & Mrs. Robert C. Nirschl	Ms. Katie Reidy
The Lintner Family	Joan McIntyre	Mr. James Nixon	Ms. Soo-Mi Rhee
E. Mark Linton	Margaret McKelvey	Mr. & Mrs. Edd Nolen	Katie & Andrew Riccobono
Ms. Linda Lippner	Ms. Johanna McKenna	Mr. Allen Norfleet	Deborah & Doug Richards
Susan Liss	Mr. Bart McKenzie	Sarah Oakes & Joe Pierce	Wasima Rida
Ms. Carolyn Little	McKinsey & Co.		



# Honor Roll of Donors *continued*

Mr. Patrick Riley  
 Jackie Rivas  
 Ms. Ana Gloria Rivas-Vazquez  
 Ms. Jacquelyn M. Rixse  
 Mr. Edward L. Roberts, Jr.  
 Jared I. Roberts  
 Darren & Brittany Robertson  
 ROCK STAR Realty Group, KW Metro Center  
 Rosanne Lammers Rodilosso  
 Mr. Jason Rodriguez  
 Mr. Jonathan Rodvien & Mrs. Kristin Kappmeyer  
 Mr. Donald Roellke  
 Ms. Judith A. Rogers  
 Ms. Amanda Ronco  
 Mr. Doug Root & Dr. Cassie Root  
 Carol & Phillip Rosen  
 Karen J. Rosenbaum  
 Faye Rosenbaum  
 Linda Rosenfeld & Fred Krosner  
 Mr. Judah L. Rosner & Ms. Kay Chernush  
 Mr. & Mrs. Dan Ross  
 Lisa Picciano Ruane  
 Ms. Carol A. Ruppel & Mr. Brien Williams  
 Paul Russo  
 Rx Partnership  
 Mrs. Susan Ryerson  
 Dr. Mazen Saah  
 Didi Salmon & Cindy Tweedie  
 Helen & Muhammad Samhan  
 Mr. Christopher Sanders  
 Ms. Nancy Sanger  
 Trudy & John Saracco  
 TriVistaUSA Design + Build  
 Mr. Wilfredo Sauri & Ms. Tracy Hess  
 David & Cristina Scalzitti  
 Jonathan David Scanlon  
 Ms. Terri E. Schapiro  
 Ellen & John Schelble  
 Susan Schmidt  
 Joseph Schmitz  
 Clayton & Melissa Schmitz  
 Cynthia G. Schneider  
 Mr. Philip G. Schrag

Jane Schukoske  
 Valerie Schurman  
 Mark J. Schwartz  
 Mr. Konrad Schweitzer  
 Kathleen R. Scott  
 Ms. Rosa Scott  
 Mr. & Mrs. Max D. Scruggs  
 Mr. Marc Seidman  
 Katherine Sejas  
 Ms. Beth Semel  
 Mr. Benjamin Sessions  
 William Sette  
 Ellen Sharpe  
 Mathew Shearman & Pamela Faber  
 Mr. & Mrs. Byron Shoji  
 Jennifer A. Short  
 Wayne & Jane Silverman  
 Emily & Bill Silverman  
 Cynthia D. Simmons  
 Mr. Benjamin Simon & Mrs. Edith Brashares  
 Bob & Dianne Skinner  
 Eileen High Smith  
 Mr. & Mrs. Ronald Smith  
 Cynthia Snyder  
 Mr. & Mrs. Matt Sonduck  
 Landy & Trent Sorensen  
 Doug & Patty Spaulding  
 Ms. Natalie Stinton  
 Ms. Robin E. Stombler  
 The Stout Family  
 Mr. & Mrs. Joseph E. Stubbs  
 Beth & Rip Sullivan  
 Sean Sullivan  
 Jane Sung & Keith Abouchar  
 Ms. Rachel Surkin & Mr. Jeff Blum  
 Douglas & Dianne Swanson  
 Barbara & Randy Swart  
 Ms. Mary Swartzbaugh  
 Mr. & Mrs. Knute Syvrud  
 Frank Tapparo  
 Carole Taylor & George Roll  
 Margaret F. Teed  
 Trent & Ashley Templer  
 Judi A. Teske

Alice & Adam Tewell  
 Mr. Jeff Thompsen  
 Ms. Rhian Thompson  
 Marion & Martin Tilson  
 Mrs. Sharon Tope  
 Henry Tran, M.D.  
 Mr. Robert J. Trudel & Ms. Thanh T. Vu  
 Mr. & Mrs. John H. Tschetter  
 Karen P. Tucker  
 LCDR Tuckett  
 David & Lisa Van Wagner  
 Mr. & Mrs. Larry Vandenberg  
 Sandra & George Varoutsos  
 Mr. Steven Varrecchio  
 Mr. & Mrs. Craig Veith  
 Ms. Frances L. Ventis  
 Mr. & Mrs. John E. Vihstadt  
 Thomas & Sarah Vilms  
 Ms. Emily Vitan  
 Ms. Alexandra Voigt & Mr. Steve Voigt  
 Ms. Julie Vu  
 Mr. & Mrs. Rex Wackerle  
 Victor Wahby  
 Debora & Nathan Wahl  
 Ava Walsh  
 Janet & Jim Walsh  
 Kurt & Maureen Walten  
 Mr. & Mrs. Michael Weaver  
 Ivan Weinstein  
 Scott Weir  
 Ms. Carol J. Werner  
 Mr. & Mrs. Paul Westpheling  
 Dr. Margot Wheeler & Mr. John Polise  
 Cathy Whitaker  
 Stephanie & Ryan Whitaker  
 Mr. John White  
 Adrienne Wichard-Edds  
 Mr. Jonathon Wiggins  
 Wilkes Artis, Chartered  
 Jinny & George Wilkes  
 Mr. Carl Williams  
 Mr. Charles Williams  
 Ms. JoAnn Willis  
 Lauri & Kenneth Willner

Ms. Lisa Wilson  
 A. Fielding Ince Winters  
 Ann Wolverton  
 Robert & Nancy Woody  
 Walter W. Wurfel & Sara J. Fitzgerald  
 Eugenia & Andrew Yang  
 Meng Jia Yang  
 Dick & Lillian Young  
 Ms. Rabbia Yousaf  
 Ivan Zapien & Victoria Sneed  
 Dr. & Mrs. Peter Zullo  
 Louis Kenneth Zweig

## UP TO \$100

Anonymous  
 Paul Abbott & Elaine Barker  
 Ms. Amina Abdulle  
 Ms. Luisa A. Aburto  
 Ms. Marlene Alvarez  
 Marcy Alvo  
 Ms. Kathryn Andrews  
 Ms. Nana Esi Apedoe  
 Mr. & Mrs. Bill Arvidson  
 Emily & Suliman Ayubi  
 Ms. Joan Baccala  
 Ms. Mary A. Bacchus  
 Nicholas Backer  
 Jessica Baker  
 Lindsay & Kilsy Barnes  
 Rabbi & Mrs. Marvin Bash  
 Mr. & Mrs. Walter L. Baumann  
 Iris Beckwith  
 Ann Russo Bellavia  
 Akar Bharadvaj  
 Ms. Kathleen Billmyer  
 Ms. Sharon C. Bisdee  
 Ms. Karli Boothe  
 Booz Allen Hamilton  
 Ms. Jeannette Bottomley  
 Elizabeth Brew  
 Dr. Rosa C. Briceno & Mr. Joel S. Yudken  
 Mr. Jeffrey S. Bridgman  
 Elizabeth & Mary Bryan

Ms. Mary Bryan  
 Daniel & Judith Burkitt  
 Grace Cannon  
 Ms. Irina Carnevale  
 Lauren Rose Carrasco  
 Chris Carroll & Jennifer Manning  
 Ms. Judith Castagna  
 Mr. Joe Cauterucci  
 Rilda & Ben Chatfield  
 Ms. Michelyne Chavez Herrera  
 Charles & Ellen Clark  
 Mr. & Mrs. William Cogswell, Jr.  
 Alan & Alice Cohen  
 Mr. Jeffrey Cohen  
 Cordaro Fit (R)  
 Mr. & Mrs. Todd Coulard  
 Mr. William Crowder  
 Dr. Jennifer Darrell  
 Ana Delgadillo  
 Mr. Fernando Delgado Fernandez  
 Marie Dennis  
 Chris DeRosa  
 Ms. Margaret DiPietra  
 Burtis & Salliann Dougherty  
 Ms. Mandy Dreisbach  
 Mr. & Mrs. John T. Dreswick  
 Mr. Rob Eckstein  
 Carrie Ellis  
 Tsehai Fekede & Adefris Anguale  
 Mr. & Mrs. Vito A. Fiore  
 Ms. Sally Foley  
 Katya Fortin  
 Paige Gallo  
 Robert & Maureen Giusti  
 Mr. Peter Golkin  
 Ben Goodfriend  
 Ms. Caryn Gottlieb  
 Ms. Ingrid Guch  
 Helen Hackworth  
 Dennis Hassett  
 Ms. Kate Hawken  
 Mrs. Jean K. Hedges  
 Joan Herskovits  
 Holly Hexter

Mr. Stephen Hugh  
 Drs. Jay & Marcia Kaufman  
 Mr. Scott Kuhagen  
 Mr. Jeffrey Lee  
 Emily & Jeremy Lena  
 Karen & Herb Levitan  
 Ms. Betty J. Lightle  
 Ms. Margaret A. Lorenz  
 Lynne Lotenberg  
 Mr. Nathan Lowenberger  
 Mr. & Mrs. Walter A. Lundy  
 Mr. & Mrs. Dennis K. Macdonald  
 Melissa A. MacGregor  
 Ms. Samantha Martin  
 Ms. Amanta Mazumdar  
 Mr. & Mrs. Sean McLaughlin  
 Kathleen McMahon  
 Jennifer Medina  
 The Merchants  
 Frank, Anna, John & Ava Gregory  
 Darlene M. Mickey & David A. Permut  
 Ms. Lee Miller & Mr. Geoffrey K. Bentz  
 Ms. Marianne C. Moerman  
 Mr. Elias Mourany  
 David Mudarri  
 Katy Mumper  
 Adam Myers  
 Stephen Nanney  
 Ms. Elyse Nelson  
 Dorothy L. Nieweg  
 Katherine & David Nimitz  
 Ms. Shandra Niswander  
 Ms. Doris Dorn Page  
 Robert & Mary Pannozzo  
 Emily P. Paull  
 Ms. Jessica Peevy  
 Ms. Elizabeth Perry  
 Amanda Pierce  
 Ms. Christine Puffer  
 Ms. Laura Rainey  
 Barbara & Michael Raizen  
 Mrs. Marie W. Ridder  
 Mr. Cesar Rios-Villena  
 Ms. JoAnn Rizzo

Ms. Megan Rogerson  
 Mr. Alfredo Rosa  
 Mr. Michael Rovardi  
 Kathleen & James Rubinger  
 Casey Russell  
 Emory & Michael Ryan  
 Marcia Allen Schmitz  
 Brad Scriber  
 Mr. Carl Settlemyer  
 Ms. Maryann Simpson  
 Dallas Smith  
 James M. Smith  
 Mr. Gary Sneiderman  
 Cathy & Alan Soel  
 Meaghan Soel  
 Marcy Spitz  
 David Spoot & Sally Barsh  
 Dave & Judy Stockton  
 Sara Styles  
 Annie Sweeney  
 Benita Talati  
 Mr. John Taylor & Ms. Katherine Manning  
 Nancy Theodore  
 Mr. & Mrs. Frederick W. Tingley  
 D. Trout  
 Ms. Ann Ulmschneider & Mr. Fred Hufford  
 Owen Van Lare  
 VeriSign Cares  
 Victor M. Glasberg & Associates  
 Ms. Hannah Wald  
 Susie & Mitchell Wallin  
 Ms. Julia Wang  
 Richard Wegner  
 Mr. & Mrs. Donald C. Weinberg  
 Ms. Courtney Weixel  
 Katie & David Wittenberg  
 Mrs. Jayd Zeppetello  
 Judith Zilczner

## United Way National Capital Area & Combined Federal Campaign Donors

Anonymous	Michael Lovinger
Heidi Baptista	Jose Maltez
David Barish	Robert Marlay
Heather Bridge	Laura Miller
Lycia Carter	Laurie Murray
Stephanie Coquia	Dawn Nelson
Jill Corrigan	Edward Newhook
Jonathan Crepeau	Michael Rhode
Anne Devens	David Robbins
Amy Fuller	Douglas Ross
David Gearin	Marissa Schlaifer
Edward Gingold	James Schlichting
Jurretta J. Heckscher	Raymond Sendejas
Jeffrey Horwitz	Frank Stearns
Clinton Janes	Kimberly Stock
Anstice Kenefick	Kathryn Stratos
Judith Kindell	James Sweetman
Daniel Lee	Robin Taylor
Mia Leswing	Caitlin Verdu
Estee Levine	Andrew Wone

### PROUD MEMBER OF



United Way  
 of the National Capital Area

# In Honor July 1, 2020–June 30, 2021

Note: The name of the person honored is in **bold**.

**AFC Patient, Maria**  
Jan Braumuller

**AFC Volunteers**  
Rabbi & Mrs. Marvin Bash  
Anne & Michael Weaver

**Donna Alpi**  
Deborah & James Brennan

**Meredith E. Anderson**  
Russell & Marilyn Anderson  
Adrienne Freshman

**Buckingham Community**  
Jan Braumuller

**Kathy Buto & Tom Korns**  
Susan Retz & Charles Lovett

**Marion Callahan**  
Anonymous

**Emily Camardo**  
Mr. Michael Rovardi

**Edward Canada**  
Jane Schukoske

**Jonathan Carpenter**  
The Neyland Family

**Ann Charles**  
Mr. Thomas Hibarger & Ms. Karla McEvoy

**Aneesh Chopra**  
Pinnacle Healthcare Consulting

**Brian & Ellie Christiansen**  
Mr. & Mrs. Weston Fox  
Michael & Natascha Ledford

**Whitney & Alex Cobey**  
Elwood & Mary Cobey

**Wally Cocco**  
Patricia & David Martinsen

**Elizabeth Crocker**  
Natasha Dillaman

**Kieran Daly & Maria Gallagher**  
Robert & Mary Pannozzo

**Dr. Neelima Denduluri & Kiran Kolluri**  
Jorge Gonzalez & Malini Mithal

**Honora Dent**  
Anonymous  
Nancy F. Green  
Amanda Pierce

**Tracy Donley**  
Tom & Kimberly Lane

**Samantha Dorsey**  
Mr. Joe Mansour

**Dr. Heba Elzawahry**  
Ms. Nana Esi Apedoe

**Endless Forms Photography**  
Anonymous

**Dr. John M. Feigert**  
Dr. Robert & Mrs. Karen Meister

**Demetri Giannoukos**  
Ms. JoAnn Rizzo

**Andrea Glosser**  
Carrie Ellis

**Ron & Kit Gordon**  
Mr. & Mrs. William F. Magner III  
Ms. Ana Gloria Rivas Vazquez

**Monique Martineau & Chris Gravely**  
Mr. Harvey Martineau

**Jesse B. Gregory**  
The Gregory Family  
Frank, Anna, John & Ava Gregory

**Lesley Grosso**  
Marie Dennis

**Jessica & Alyssa Hayes**  
Ms. Nancy McEldowney &  
Mr. Timothy Hayes

**Will Heppner**  
Anonymous

**Pam Horwitz**  
Joshua Horwitz

**Brad Hurst**  
Candy Kane & Jack Lane

**David Hyman**  
Helen & Paul Hyman

**Lauren Johnson & Family**  
George Johnson

**Jody & Steve Steiner Kelly**  
Eric Brown & Dan O'Brien

**Jim Kuhagen**  
Judy Kuhagen  
Brian & Meg Kuhagen

**LCOR**  
Balfour Beatty Construction

**Aurea Luz Alva Leon**  
Ms. Sue Marcus

**Glynnne Leonard**  
Emily & Suliman Ayubi

**Roslyn & Ralph Limmer**  
Ms. Andrea Limmer

**Luci**  
Ms. Bethany Matz &  
Mr. Jeffrey S. Bucholtz

**Marrapodi Family**  
Ms. Natalie Stinton

**Terry McManus**  
Kelerchian Family

**Mary Mellon**  
Richard Wegner

**Venkat Murthy**  
Chris & Kathy Kempley

**Diane & Tim Naughton**  
The Merchents  
Mr. & Mrs. Daniel Naughton  
Rita Naughton  
Walter E. Monroe  
Regency Centers

**Julian Marengo Otero**  
Anonymous

**Our 60th Wedding Anniversary**  
Helen & Paul Hyman

**Robert & Mary Pannozzo**  
Kieran Daly & Maria Gallagher

**Mark Paster**  
Anonymous

**Syril Pettit**  
Steven & Elissa Director

**Physicians of the  
VHC Hospitalist Group**  
Dr. Melissa Dana

**Jyl Pomeroy**  
John Pomeroy

**Kevin Rainey**  
Laura Rainey

**Drew Roadarmel**  
Anonymous

## The Power of Pink

Founded in 2011 by Karen Beam Leder, the Power of Pink raises funds for organizations (including Arlington Free Clinic) that provide breast health education, screenings, mammograms, and treatment to women in the greater Washington area, regardless of their ability to pay. Over the past decade, they have raised over \$1M for breast healthcare for the underserved. This year's event will be hybrid with workout and wellness classes being held virtually, and indoors/outdoors in Bethesda, MD.

The Power of Pink Fund was started to honor the founder's sister, Jill Beam KougI, a two-time breast cancer survivor. Learn more at: [www.power-of-pink.org](http://www.power-of-pink.org)





# In Memory July 1, 2020–June 30, 2021

**Drs. Patricia Rodriguez & Loren Friedman**  
Tonio & Amelia DeSorrento

**Mr. Doug Root & Dr. Cassie Root**  
Linda A. Root

**Griffin & Ryland Root**  
Linda A. Root

**Betsy Rosso**  
UnitedHealth Group

**Jim & Veronica Rubin**  
Karen Ott

**Nancy Sanger**  
Iris Beckwith

**Dr. Charles Schehl**  
Joanne Schehl & William Stratton

**Rosa Scott**  
Dr. Claire M. Cifaloglio & Mr. Robert Abbot  
Doug & Patty Spaulding

**Michael Claude Sear**  
Helen Hackworth  
Joan Herskovits

**Robert Sharpe**  
Ellen Sharpe

**Neil Shea, MD**  
Mr. Dennis Shea & Mrs. Nancy Everett

**Corrie Silcox, MPH**  
Mr. & Mrs. Donald C. Weinberg

**Reva & Rupa Siva**  
Renuka Sothinathan

**Dr. Larry Spooont**  
Carl Grimes  
Marcy Spitz  
David Spooont & Sally Barsh

**Michelle Stuntz**  
Anonymous

**Stephanie & Fernando Van Reigersberg**  
Judith Kaufmann & George Moose

**Jonathan Yoder**  
Dr. Jennifer Darrell

**Allie, Doug & Rocco Younger**  
Mr. Vincent J. Falvo

**Dr. Steve Zimmet**  
Ms. Margaret Feinstein

Note: The name of the person honored is in **bold**.

**Sidney & Dorothy Bratt**  
Terry & Michael Bratt

**Bruce A. Burns**  
Ms. Janet Burns

**Soo Cheng**  
Julie Esanu & Craig Davis  
Mildred Grant

**Dr. N. Thomas Connally**  
Hon. Robert Brink  
Frederic & Dorothy Clarke  
William J. Curtin III  
Hon. Karen Darner  
Ms. Sally Foley  
Mr. Gerald B. Greenwald  
Mrs. Marie W. Ridder  
Carole Taylor & George Roll  
Jinny & George Wilkes

**Yost Connor**  
Jack Davis & Eric San Juan

**Raymond Costello & Grace Casciato**  
Anonymous

**Dr. Stanley Crossland**  
Nanette M. Hotchner

**Gaby DeThomas**  
Ms. Karen DeThomas

**Timothy & Mary Donovan**  
Terry & Michael Bratt

**Jinny L. Estell**  
Anonymous

**Marian P. Francois**  
James & Frances Francois

**Regina Grosh**  
Lisa Grosh & Don Names

**Elsie C. Gruver**  
Dr. & Mrs. Peter Zullo

**Dr. Robert Gruver**  
Dr. Wilson & Nancy Coudon  
Dr. & Mrs. Peter Zullo

**Palmer & Regina Gurvin**  
George Gurvin

**Ellwyn Harrington**  
Robert & Nancy Woody

**JoAnn D. Holland**  
Hon. Edward M. Holland  
Caroline & Paul Holland  
Ms. Claire Jacobsen

**Neil D. Kaplan, PhD**  
John L. Ehlers  
Family Therapy Center of Old Town

**Richard Kennedy**  
Carol Goodloe

**Douglas Kline**  
Katie Kline & David Wasserman

**Ana Larrain**  
Mr. Jack O'Neil & Dr. Jane Piness

**My Parents**  
Isabel J. Ramaswamy, MD

**Karen Pyrah**  
Doris & Mike Feinsilber

**Tillie Quinn**  
Linda A. Root

**Dr. Philip T. Rodilosso**  
Dr. Wilson & Nancy Coudon  
Rosanne Lammers Rodilosso

**Dr. Gustavo A. Rossi**  
Lois Leinkram  
Jyl & John Pomeroy  
Dr. Mazen Saah  
Ms. Lorinda Wordsworth

**Anna M. Russo**  
Paul Russo

**Josephine Salmon**  
Didi Salmon & Cindy Tweedie

**Sandra Schurman**  
Valerie Schurman

**John Silvestre & Celsa Zabaram**  
Anonymous

**Winter Simpson**  
Ms. Maryann Simpson

**Dr. Bertram C. Snyder**  
Cynthia Snyder

**Samuel E. Stetson**  
Paul Harless

**Jack Taylor**  
Jyl & John Pomeroy

**Peter Taylor**  
Ms. Carol J. Werner

**Maria & Luis Ugaz**  
Anonymous

**Jane J. Vance**  
John C. Vance, MD

**Laura Ellen Weaver**  
Anne & Michael Weaver

**Betty E. Wendelin**  
Jane Wendelin & James Callan

**Evelyn Wilson**  
Ms. Betty J. Lightle

**Dr. David A. Zohn**  
The Greene Family

# In-Kind Donations

July 1, 2020–June 30, 2021

## \$ 2,652,707



## \$150,000 AND ABOVE

Cooley LLP  
Direct Relief International  
Northern Virginia Radiology Consultants  
Rx Partnership

## \$70,000 TO \$149,999

AmeriCares  
Dominion Anesthesia Group

## \$10,000 TO \$69,999

Arlington Podiatry Center  
Body Dynamics, Inc.  
Drs. Robert Hong & Nadim Nasr, Arlington  
Radiation Oncology  
Cary Poropatich, MD LLC  
PMA HEALTH  
Fairfax Radiological Consultants, P.C.  
Virginia Cancer Specialists  
Winking Fish

## \$5,000 TO \$9,999

Ron & Kit Gordon  
Diane & Tim Naughton  
Nirschl Orthopaedic Center  
NOVA Vision Center  
OrthoVirginia  
Polan & Hollis, LLC  
Susan Dunlap & Associates

## \$2,500 TO \$4,999

Ms. Sulley Allen  
Amelia & Don Gay  
Groff Landscape Design  
Ginger & Brett Loper  
Mr. & Mrs. Darren Trigonoplos  
Virginia Nephrology Group  
Washington Radiology

## \$1,000 TO \$2,500

Ken & Betsy Brown  
Kathy Buto & Tom Korn  
CBS Imaging Systems  
Dermatology Associates of McLean  
Margo & Josh Kreider  
Landon Zee Tutoring  
Lyon Hall  
Venkat Murthy  
Outside the Lines Pet Photography  
Total Wine & More

## \$500 TO \$999

Arlington ENT & Arlington Audiology  
Associates  
Bluement Vineyard  
Briar Patch Bed & Breakfast Inn  
Shanyce Chambers  
Charlotte Motor Speedway  
Coleman Senecal Art  
Falls Church News-Press  
Edward Gerwin  
Ginny Wright - BbG Fitness  
José Andrés --ThinkFoodGroup  
Kristen Bowling Williams DDS, PC  
Liz Mearns Imagine Design  
Mary Ludden  
Marianne Vakiener, Vakiener Tutoring LLC  
Novant Health Imaging  
Sprinkles Cupcakes  
The Organic Butcher of McLean  
Two the Moon  
Virginia Retinal Specialists

## \$100 TO \$499

Arlington South Lions Club  
Pepper & Randy Binner  
Kasey & Rob Borden  
Natalie Ferrise Bush  
Company Flowers & Gifts Too!  
Cordaro Fit (r)  
Tim & Lisa Davis  
DEFY Aesthetic  
Dr. Crissy Markova - VCO Orthodontics  
Mr. & Mrs. Rich Ellis  
The Freshman  
George Washington's Mount Vernon  
Ms. Anya Getter  
Goldfish Swim School - Falls Church  
Hollertown  
Jhoon Rhee Tae Kwon Do  
Kate Thomas Art  
Main Street Landscape  
Lauren Hueber Marcott  
Kathryn Nadeau & Joshua Stewart  
Andrea Lee Negroni  
Orvis Arlington  
Pentagon Mixed Martial Arts  
Perfect Pointe Dance Studio of Arlington  
Susie Pettit  
Sara Linda Poly  
Pure Barre Falls Church  
Mr. Andrew Savoia  
Marissa Schlaifer  
Ms. Rosa Scott  
Screwtop Wine Bar  
Sejal & Asheel Shah  
Ian Shenk, MD  
Deborah Sliz & Alan Yandow  
Ms. Kerry Stock  
Tina Bates Baldera, Independent Wine  
TTE Designs by Tammie T. Everly  
Virginia Heart  
VITAS Healthcare  
Justin Moore & Jennifer Weber  
The Winery at Bull Run  
Wintergreen Resort  
Woolly Mammoth Theatre Company

## UP TO \$99

Dr. Laura Stone & Dr. Dave Atkins  
Bakeshop  
Ms. Sandra Boodman &  
Mr. Thomas E. Gallahue  
Chaia Tacos  
Children's Science Center  
Child's Play Toys & Books in Arlington  
Elevation Burger - Arlington  
Elite Island Resorts Caribbean  
Esquire Confections, LLC  
Heidelberg Pastry Shoppe  
Ms. Emilie Hoyt  
Metro 29 Diner  
Dr. Duong Nguyen  
O'Sullivan's Irish Pub  
Ms. Veena Raghavan  
ROCKLANDS Barbeque & Grilling  
Company  
Sloppy Mama's Barbecue  
Sport Fair, Inc.  
Sun & Moon Yoga  
The Finishing School  
The Urban Farmhouse  
Wasabi Sushi - Tyson's Corner Mall  
Washington Wizards  
Watergate Gallery & Frame Design  
Mr. & Mrs. Alex White

## The Impact of Your Support: Oral Health at AFC

AFC's commitment to addressing unmet health needs in the community drove us to launch a modest dental program in 2015 using a borrowed dental suite in the Arlington County DHS building. The need was much greater than our limited capacity. But thanks to the generosity of longtime volunteer, Mary Mellon – whose leadership gift in memory of her father who died due to a dental infection he could not afford to treat – AFC was able to build a three-chair dental clinic in our own facility in 2019. Thanks to Mary and hundreds of other supporters inspired by her gift, AFC has been able to make a tremendous impact on the oral health of our patients – and other low-income, uninsured Arlingtonians.

### Growth in Visits to AFC's Dental Program

FY15	<b>36 visits</b>	FY19*	<b>1563 visits</b>
FY16	<b>799 visits</b>	FY20**	<b>2116 visits</b>
FY17	<b>814 visits</b>	FY21**	<b>972 visits</b>
FY18	<b>1021 visits</b>		

\*Moved dental program onsite – January 2019    \*\*During COVID-19

### Comprehensive Oral Healthcare

Beyond the basics, we're now able to offer our patients advanced restorative dental care and give those with missing or decayed teeth their smiles back.

- Exams
- X-rays
- Treatment Planning
- Fillings
- Extractions
- Root Canals
- Crowns
- Dentures
- Partial
- Oral Surgery

### Workforce Development Program

In 2018, we began partnering with Northern Virginia Community College to offer clinical placements for approx. 20 dental hygiene students per semester. To the great benefit of our patients and NOVA's students, between 2018-2020, over 100 dental hygiene students rotated through our dental clinic.

## Growing Our Network of Community Dental Partners

AUGUST 2019



Thrive, an organization that provides same-day, emergency financial assistance for Arlington residents, began providing \$1K/month to cover AFC dental patient fees – especially vital for those in need of more costly restorative procedures like crowns and partials.

DECEMBER 2019

### PathForward

(formerly A-SPAN)

AFC started seeing PathForward's homeless clients in great need of but unable to access dental care.

MARCH 2020



AFC began partnering with VHC to provide dental services for the low-income, uninsured patients served by its Outpatient Clinic, including those requiring pre-op clearances for surgery.

MARCH 2021



Through our newest partnership, AFC is providing dental care to clients of Culpepper Garden, a low-income senior residence in Arlington.



## Messages from Our Board

As chair of the Arlington Free Clinic Board of Directors, I was incredibly proud of the way my board colleagues stepped up this year, providing more hands-on volunteering than ever before. They jumped at the opportunity to work directly with our patients – many for the first time, and others by continuing their commitments. Some worked at the vaccine clinics; others provided medical care on-site or in their private offices; and our Spanish-speaking members worked as interpreters.

In addition to serving on the board and the fundraising committee for our Gala, I've been volunteering as a scribe since 2015. Scribes are in the exam room with the patient and the provider, and they work to enter visit notes into the electronic health record. It's a front-row seat to the excellent, compassionate care each AFC patient receives, care for which there is such a great need.

Many of my fellow board members now share that experience of coming into the Clinic and seeing first-hand what they may only have seen from the Board room in the past. My hands-on service makes me a more successful ambassador and fundraiser for the Clinic – and I know that thanks to my board colleagues who got involved in recent months, their immersion into the operations of the Clinic at such an essential time will help make us a stronger, more effective board.



**Diane Naughton**  
*Chair, Board of Directors*

### **Laura Fuentes, interpreted for vaccine clinics:**

I volunteered as a Spanish interpreter for the vaccine clinics, and it was one of the most meaningful activities that I did over the course of the pandemic. I met dozens of patients and the many outstanding volunteers who bring our services to life. During every shift, their stories moved me to tears and inspired me to do even more to help support this community that offers so much to so many. My son Alex joined me for a few shifts, and watching him support this work, connect with the patients, and better understand the Clinic's role made me very proud and grateful.



### **Tannia Talento, interpreted for vaccine clinics:**

As a new Board member, coming into the Clinic to volunteer for our COVID vaccine clinics was a wonderful way for me to see first-hand the amazing work and service Arlington Free Clinic does for patients and the greater community. I also witnessed our outstanding staff managing logistics for an unprecedented situation and making it all look easy.



### **Danine Fresch Gray, DDS, long-time dentist volunteer:**

AFC has continued to care for those in our community who need it the most. Post lockdown, I have seen personally how the dental clinic has continued to provide necessary dental care for a very vulnerable population – which is essential in lowering some of their risk factors for COVID.



**Ana Alvarez, interpreted for vaccine clinics:** The vaccine clinics were very well organized, and it was wonderful to overhear conversations amongst the other volunteers about how much they like volunteering at AFC and how grateful they were to be making a difference. Our volunteers are the lifeblood of our organization, and I'm very thankful that we have a staff team that focuses so much on providing them with an outstanding volunteer experience.



**Katy Banks, long-time eligibility screener:**

My favorite part of being a volunteer is meeting with patients face-to-face. I love to get to know them and hear their remarkable stories. During the pandemic it became necessary to call patients on the phone rather than meet them in the clinic. Initially I was worried I wouldn't be effective if I was just talking to a faceless person on a receiver. But what I soon learned is that because our patients are adaptable and patient, we were still able to make a connection and work together to address their needs.



## AFC Staff

**Nancy White**  
President

### CLINICAL SERVICES

**Surekha Cohen, RN**  
Director of Clinical Services

**Luisa Aburto**  
Clinical Assistant

**Kennya Alvarado, RN**  
Nurse Manager

**Jennifer Escoto**  
Medical Assistant

**Sarah Gold, RN**  
Nurse Manager

**Deborah Guardado, RN**  
Nurse Manager

**Kensie Huezo**  
Medical Assistant

**Matthew Kennedy**  
Case Manager

**Marielle Levy, LPC**  
Behavioral Health Program Manager

**Claudia Lopez Romero**  
Medical Assistant

**Terry McManus, FNP**  
Nurse Practitioner

**Anabel Merida**  
Case Manager

**Hilonka Morales**  
Clinical Assistant

**Liz Rosales**  
Medical Assistant

**Sheila Ryan, RN**  
Nurse Consultant

**Aida Salamanca**  
Medical Assistant

**Fatima Wehelie, RN**  
Nurse Manager

### DENTAL

**Tri Tran, DDS**  
Dentist-in-Charge

**Martina Donayre**  
Dental Assistant

**Aida Villalta Hernandez**  
Dental Assistant

**Priti Mahajan, DDS**  
Dentist

### PHARMACY

**Judy Lifland Dietrick, RPh**  
Pharmacist-in-Charge

**Minji Kwon, PharmD**  
Pharmacist

**Jim Mizner, RPh**

**Mary Anne Panich, RPh**  
Pharmacist

**Erika Rosales**  
Pharmacy Technician

### CLINICAL ADMINISTRATION

**Jody Steiner Kelly**  
Director of Clinical Administration

**Marlene Alvarez**  
Eligibility Specialist

**Gloria Jimenez**  
Receptionist

**Marietha Mayen**  
Appointment Scheduler

### DEVELOPMENT

**Alicia Nieves**  
Director of Development & Communications

**Laura Elsberg**  
Grants Development Manager

**Tahsin Khan**  
Site Data Coordinator, LINK Grant

**Meaghan Soel**  
Events Manager

### FINANCE, HUMAN RESOURCES, IT

**Coralie Miller**  
Director of Finance & Human Resources

**Solomon Habte**  
IT & Facility Manager

**Andrew Lindsay**  
Assistant IT & Facilities Manager;  
Eligibility Specialist

### VOLUNTEERS

**Kate Nadeau**  
Director of Volunteer Resources

**Matt Gunn**  
Volunteer Program Assistant

**Your support of Arlington Free Clinic is greatly appreciated!**

