



Myrna does it all!

Arlington Free Clinic's Super Grandma is a breast cancer survivor, elementary school pick-up pro, and the cheery cashier at the fast food restaurant down the street.



A woman with dark hair, wearing a black top, is shown in profile, looking towards a doctor. The doctor is wearing a white lab coat and is partially visible on the right side of the frame. The background is a clinical setting with blue walls and a white tiled wall. A large green circular graphic is overlaid on the left side of the image.

After her 12-year-old son died of leukemia in her home country of El Salvador, Myrna moved her family to the US and worked hard at three part-time jobs to provide for them. A few years ago, Virginia Hospital Center referred Myrna to Arlington Free Clinic for ongoing care following an internal bleeding scare brought on by years of using alcohol to help cope with the grief of losing her son.

A close-up, slightly blurred image of a doctor in a white lab coat. The doctor's hands are visible, and they appear to be holding something. The background is a soft, out-of-focus clinical setting.

In addition to top-quality medical care, AFC provided Myrna with a counselor and connected her with a great support group that meets regularly at the Clinic. She was grateful to have someone to talk to who fully understood what she had been through. Myrna has stopped drinking.

About a year after becoming our patient, Myrna was diagnosed with breast cancer. She needed a mastectomy and months of chemotherapy and radiation. She's finished with her treatment and is back to work a few days a week. She's also back to her favorite job: picking up her grandkids from school.

"It's all history. I have a new life now."

If you've already given this year, we send you our heartfelt thanks. If not, your year-end gift will help us continue to provide essential care to Arlingtonians in need.

Go green! Visit www.arlingtonfreeclinic.org and click "donate" to give online.



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