



arlingtonfreeclinic

Providing high-quality medical care to low-income, uninsured Arlington County adults

July 1, 2010 - June 30, 2011

REPORT TO THE COMMUNITY

Arlington Free Clinic provides free, high quality medical care to low-income uninsured Arlington County adults through the generosity of private donations and volunteers.

2011 Board of Directors

The Board of Directors is an essential ingredient in the success of Arlington Free Clinic. The Board monitors Clinic programs and services, ensures effective organizational planning and resource management, provides financial oversight and governance of AFC, and advocates for AFC in the community.



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2011 Highlights

Changing of the Guard — N. Thomas Connally, MD superbly served as the AFC Medical Director for six years before Board term limits ended his tenure in December. He continues to be a very active physician in the Clinic and on the Clinical Services Committee, often coming in on short notice to see patients. Longtime volunteer physician, Joan B. Ritter, MD assumed the role of Medical Director in January and continues the AFC tradition of excellence in that position.

Lotteries for Prospective Patients — Once a month, over 100 people line up at AFC for the lottery drawing for a chance to become a registered patient. In FY11, 1235 people attended the lotteries and 288 became new patients. People who do not have a winning lottery number are given a list of other possible medical resources and are encouraged to come to the next lottery. An additional 205 new patients came to AFC through a direct referral from Virginia Hospital Center, from network physicians' offices and local shelters. AFC was able to accept **493 new patients this year.**

Disease Registries — AFC's new electronic medical record now includes Disease Registries to allow us to better track patient care. Registries have been set up for Diabetes,

Hypertension and will be set up in the coming year for Hyperlipidemia and Depression. The registries are based on nationally accepted **Standards of Care** and provide physicians and nurse practitioners a consistent way to follow patients' health indicators and to adjust care as indicated.

New Outreach Opportunity — AFC was awarded an exciting new 2-year grant from **Susan G. Komen for the Cure** for a **Community Outreach Program for Breast Health Education and Screening.** In the first 6-months, 218 women have received breast health education in the community and 92 women over the age of 40 have taken advantage of a clinical breast exam in the Clinic along with the opportunity for a free mammogram provided by AFC's partners **Northern VA Radiology Consultants** and **Virginia Hospital Center.**

An Extraordinary Gift — AFC was awarded a gift of \$677,000 from the **Campbell Hoffman Foundation** (CHF) that decided to close its doors after 10 years of providing small grants to Northern Virginia health care organizations. The foundation decided that it could have more of an impact on the delivery of primary care by distributing its total assets to AFC and two Northern Virginia Federally Qualified Health Centers. AFC is proud to

continue the CHF legacy of primary care.

Charity Navigator — AFC again received the coveted 4-star rating for sound fiscal management from Charity Navigator. According to Charity Navigator, "Arlington Free Clinic consistently executes its mission in a fiscally responsible way and outperforms



most other charities in America. This 'exceptional' designation

differentiates Arlington Free Clinic from its peers and demonstrates to the public it is worthy of their trust." Only 19% of charities rated received at least two consecutive 4-star evaluations.

New Networking Events — AFC is spreading the word about the good work it does by partnering with local restaurants. **Velocity Five** and **The Front Page** each hosted a successful Happy Hour with door prizes and guest bartenders. **Thirsty Bernie's** hosted a Saturday afternoon fundraiser with great raffle prizes that drew families and friends to support AFC's Breast Health Care program! Please thank these terrific community partners for opening their doors to support AFC.



A distinguished group gathered to celebrate the Campbell Hoffman Foundation's generous donation to AFC and the Arlandria Community Health Clinic.

Patient & Services

July 1, 2010 - June 30, 2011

Total # of Unduplicated Patients 1,676*

*Includes 493 New Patients

Total # of Medical Visits On-site 10,653

Prescriptions Provided by On-Site Pharmacy 17,148

The majority of the drugs were donated by pharmaceutical companies

AFC Programs

Appointments Provided

Primary & Specialty Care	5,669
GYN	812
Mental Health	594
Physical Therapy	465
Patient Education	413
Intensive Case Management	2,700

Total # of On-site Appointments with Physician Specialists

Cardiology	330
Dermatology	23
Endocrinology	248
Gastroenterology	65
Nephrology	131
Optometry	60
Orthopedics	229
Podiatry	71
Pulmonology	55
Psychiatry	251
Rheumatology	111

Diagnostic Tests Provided by Virginia Hospital Center

Number of Laboratory Services	10,991
Women's Imaging	1,109
X-rays	451
CT Scans	17
MRIs	6
Sonograms	73
Dexa Scans	14
Nuclear Medicine	14
Pet Scans	4
Number of patients treated with chemotherapy	13
Number of patients treated with radiation	10

Number of Diagnostic Scans by Medical Providers other than Virginia Hospital Center

CT Scans	58
MRIs	55
Sonograms	140
Nuclear Medicine	2

Patients by Zip Code

22201	8%
22202	2%
22203	13%
22204	54%
22205	4%
22206	7%
22207	5%
22209	6%
22210	<1%
22213	<1%

Referrals to Services Provided by Network Partners

Anesthesia
Cardiology
Cardiovascular Surgery
Colorectal Surgery
Dermatology
Endocrinology
Gastroenterology
General Surgery
Gynecology
Hematology/Oncology
Infectious Disease
National Institutes of Health
Neurology
Neurosurgery
Nuclear Medicine
Ophthalmology
Optometry
Orthopedics
Otolaryngology
Pathology
Podiatry
Pulmonology
Radiology
Radiation Oncology
Reconstructive Surgery
Rheumatology
University of Virginia
Urology
Uro-gynecology
VHC Outpatient Center



Potential patients lining up inside the Clinic on lottery day.

Financials

July 1, 2010 - June 30, 2011

Assets

	July 1, 2011	June 30, 2010
Cash & Equivalents	\$827,470	\$820,100
Contributions Receivable	\$283,057	\$445,866
Inventory	\$4,395	\$3,455
Prepaid Expenses	\$32,714	\$30,056
Investments	\$1,820,574	\$824,844
Fixed Assets	\$4,130,781	\$4,181,614
Total Assets	\$7,098,991	\$6,305,935

Liabilities & Net Assets

	July 1, 2011	June 30, 2010
Current Liabilities		
Accounts Payable & Accrued Expenses	\$148,189	\$161,128
Capital Lease Payable Current Portion	\$5,264	
Total Current Liabilities	\$153,453	\$161,128
Long Term Liabilities		
Capital lease Payable, Net of Current portion	\$13,455	—
Total Liabilities	\$166,908	\$161,128

Net Assets

Unrestricted	\$5,770,230	\$5,202,155
Temp Restricted	\$793,579	\$574,378
Permanently Restricted	\$368,274	\$368,274
Total Net Assets	\$6,932,083	\$6,144,807
Total Assets & Liabilities	\$7,098,991	\$6,305,935



Dr. Ray Hoare and his wife Carol welcome Clinic donors to their home for the Leadership Circle Reception.

AFC Thanks Major Donors at The Leadership Circle Reception

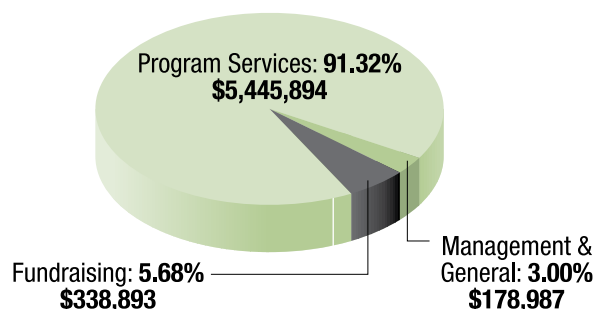
The 2011 Leadership Circle Reception was held at the home of Drs. Ray and Carol Hoare. The purpose of this annual event is to thank a special group of generous Clinic Supporters who choose to donate annually at the \$1,000 level and above.

Leadership Circle members are philanthropic investors who have enabled the Clinic to expand medical services over the years to serve more of the most vulnerable in our community.

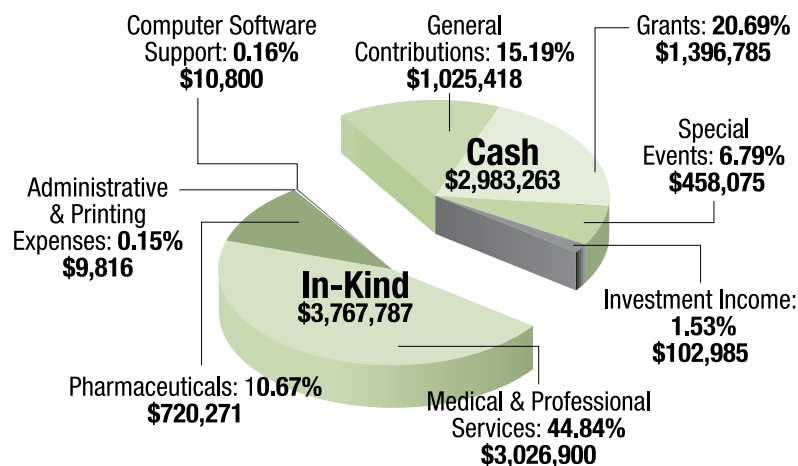
For more information about joining the Leadership Circle, please contact Pat McDermott, Director of Development, at pmcdermott@arlingtonfreeclinic.org, or (703) 979-1425, Ext. 121.

Operations

Expenses: \$5,963,774



Financial Support: \$6,751,050



Your Support of Arlington Free Clinic is Greatly Appreciated!

Honor Roll of Donors

July 1, 2010 - June 30, 2011

This **Honor Roll of Donors** lists donors to Arlington Free Clinic between July 1, 2010 and June 30, 2011, including donors through United Way and the Combined Federal Campaign, donors of medical services and other services, gifts to the Gala's silent auction, and gifts made in honor or memory of someone valued at \$100 or more. We apologize that space has not allowed us to list the names of our numerous donors who supported the Clinic with gifts of \$10 to \$99.



\$1,102,090

Virginia Hospital Center provided x-rays and laboratory diagnostic services for our patients.

Campbell Hoffman Foundation

\$677,500

Creating a Legacy of Primary Care

Medical Practices Vital to AFC

Arlington Free Clinic is indebted to the following medical practices that so generously provided a wide variety of specialty medical services in their offices for hundreds of Clinic patients. These medical practices donated hundreds of thousands of dollars of their time and expertise in FY11 to care for Clinic patients.

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Honor Roll of Donors

July 1, 2010 - June 30, 2011

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\$100,000 to \$199,999

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Enjoying the 2010 Gala were representatives and guests of the event's Grand Benefactor, CareFirst. Sitting left to right: Mark and Mary Baran, Tonya and Eugene Kinlow, Ms. Judy Connally. Standing left to right: Richard and Andrea Delacour, Mike and Carol Lamothe, and Dr. Tom Connally, former AFC Director of Medicine and CareFirst Board member.

Honor Roll of Donors (*continued*)

July 1, 2010 - June 30, 2011



The Naughton table at the Benefit Gala – Seated Left to right: Stephanie Dewberry, Helen Vasiliadis, Anita Moore Voltz, Elizabeth Forkas, Sylvia Brugge, Maria La Berre; Standing left to right: Ketty Farrell, Lisa Walsh, Patricia Lankenau, Diane Naughton, Lauri Willner.

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July 1, 2010 - June 30, 2011

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A patient receives her medication at the Clinic.



Nurse Managers, Marlee-Jo Bonebrake (left) and Carol Marsh (right) display a "Conversation Map," which is an interactive educational tool to teach diabetes care to our patients.

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Ms. Dot Rogers
Ms. Linda F. Donaldson

Charles Schehl, MD
Ms. Joanne Schehl and Mr.
William C. Stratton

Ms. Rosa Scott
Mr. & Mrs. Douglas Spaulding

Ms. Sarah Sheldon
Mr. & Mrs. Donald Sheldon
Mr. Franklin Thompson

Mr. & Mrs. Donald Siebenaler
Miss Phyllis Schottenstein

**Mr. & Mrs. Frank &
Joyce Simutis**
Drs. Zita & Michael Drillings

Mr. & Mrs. Leonard Simutis
Drs. Zita & Michael Drillings

Mr. & Mrs. Robert Simutis
Drs. Zita & Michael Drillings

AFC Staff
Anonymous

Ms. Mary Ann Strawn
Mr. & Mrs. James E. Duffy

**Ms. Stephanie
VanReigersberg's Birthday**
Mr. George Moose and
Ms. Judith Kaufmann

**Ms. Leyre Varela &
new baby daughter**
Wellness Hour for Women Group
of AFC

Wakefield HS HILT Students
Mr. & Mrs. Victor G. Stotland

Ms. Kate Wilson
Mr. & Mrs. Neil Parent

Mr. John Wise
Mr. & Mrs. Ted Helman

**Mr. Earle Young &
Ms. Sylvia Smith**
Mr. & Mrs. Timothy S. Bell
Ms. Melanie Lynne Dohn and
Mr. Scott Bell

**Mr. Earl F. Young, Jr.'s
Birthday**
Mr. & Mrs. Timothy S. Bell

Mr. Mohammad Younis
Mr. & Mrs. Richard E. Stinneford

Ms. Sheila Zedlewski
Mr. Charles Zedlewski

**The name of the person honored is bolded*

Donations in Memory of

July 1, 2010—June 30, 2011

Ms. Wilfredo Allca*
Ms. Neir M. Allca

Mr. Salvatore Amato
Mr. & Mrs. Eugene M. Burns

Dr. Elisha Atkins
Dave Atkins, MD & Laura Stone,
MD

Ms. Patricia I. Barry
Mr. David C. Barry

Mr. Jim Bowley
Ms. Carol R. Bowley
Mr. Gary A. Bowley

Mr. Don Brown
Mr. & Mrs. Henry O. Lampe

Ms. Elaine Brown
Mr. Henry C. Brown

Mr. Andrew Marcelo Bueno
Marybeth & Kevin Sullivan

Ms. Susan Burgess
Mr. Grant Mandsager &
Ms. Gillian Burgess

Ms. Pearl Chaiken
Anonymous

Ms. Soo Cheng
Anonymous
Aetna Foundation, Inc.
AGM-College Advisors, LLC
Mr. & Mrs. James Alpi
Mr. Russell E. Babcock
Mr. & Mrs. Michael D. Basile
Mr. & Mrs. Peter Blann
Mr. & Mrs. J. Thomas Brannan
Mr. & Mrs. James C. Brennan
Mr. & Mrs. William G. Buck
Mr. Phillip Cawley and
Mr. Manny Rubio
Ms. Cheryl Ching
Chittenden Group
Mr. & Mrs. Skip Coleman
Mr. & Mrs. George Covucci
Mr. & Mrs. Andrew Daecher
Mr. & Mrs. Cornelius M.
Dempsey
Digel Family Foundation

Mr. & Mrs. Len Discenza
Ms. Krista Edwards and
Mr. John Cline
Mr. Timothy Ely
Mr. & Mrs. John Eng
Ms. Julie Esanu and
Mr. Craig M. Davis
Ms. Theresa Flynn
Loren Friedman, MD and
Patricia Rodriguez, MD
Ms. Maria D. Grabowsky
Ms. Ritu S. Haldar
Mr. & Mrs. Adam Hess
Mr. David Hickey
Mr. & Mrs. Thomas G. Holt
Jamestown Elementary School
Ms. Susan A. Johnson
Mr. John Kawamura
Ms. Leah Keane
Ms. Jody Steiner Kelly and
Mr. Steve Kelly
Ms. Jacqueline Kim
Ms. Sylvia E. Ladenheim
Dr. & Mrs. David D. Lee
Ms. Hope Lee
Mr. Hyo Suk Lee and
Ms. Han Jae Kim
Mr. & Mrs. Yung B. Lim
Ms. Cathy Lin and
Mr. Jeffrey Hayes
Ms. Reina Malakoff
Mr. Phil Marquez
McEneaney Associates, Inc.
Mr. & Mrs. Thomas McKnight
Mr. & Mrs. Richard Miller
Ms. Nanette N. Nopwaskey
Mr. & Mrs. Tony Oh
Ms. Nancy S. Pallesen
Ms. Judith Pendergast
Ms. Hollister Petraeus
Mr. & Mrs. Michael Poth
Ms. Paula Potts and
Mr. David Potts
Dr. & Mrs. William E. Prominski
Mr. & Mrs. Matthew Richardson
Mr. & Mrs. Kevin Roberg-Perez
Ms. Christina Barron Rogers
Ruzomberka Holland Renk Smith
Mr. Brendan Ryan &
Ms. Jane O'Connor
Ms. Didi Salmon
Saslow, Lufkin & Buggy, LLP
Ms. Linda Scapellati
Mr. Harry M. Scoble

Mr. & Mrs. Kyle Senk
Ms. Susan Senter &
Ms. Meredith Senter
Mr. & Mrs. David E. Sher
Ms. Lisa Sherman
Mr. & Mrs. Alex Spiliotopoulos
Ms. Maryellen Stamos and
Mr. James Stamos
Mr. & Mrs. Herbert Sufit
Marybeth & Kevin Sullivan
Summit Corporation of America
Teagle Foundation
Mr. Dzoan Tran
Wilder Real Estate LLC
Ms. Barbara Wright
Mr. & Mrs. Dean Yeonas

Mr. Phillip G. Chingos
Mr. & Mrs. William W.
Beckmeier

Mr. Richard S. Cobb
Mr. & Mrs. Robert Reyes

Mr. Robert Condell
Ms. Mary Carol Shottes and
Mr. John Shottes

Ms. Gaby DeThomas
Ms. Karen DeThomas

Ms. Grace E. Doherty
Claire M. Cifaloglio, MD and
Mr. Robert Abbot

Mr. Robert E. Dolmovich
Mr. & Mrs. John H. Pomeroy

Ms. Lynn DuVal
Anonymous

Mr. Arthur B. Fair, Jr.
Dr. & Mrs. Richard J. Hart

Mr. Jim Fay
Ms. Barbara Fay

Ms. Jean Feldman
Mr. & Mrs. Bob Bohrer

Miss Marian Francois
Mr. & Mrs. James P. Francois

Ms. Doris Freemyer
Ms. Doris Y. Boehly

Mr. George Gauzza
Mrs. George F. Gauzza

Allan Goody, MD
Ms. Nancy S. Pallesen
Ms. Renee S. Rutkowski

Ms. Elizabeth K. Gray
Mr. & Mrs. John H. Pomeroy

Mr. Robert Gruver, Jr.
Mr. & Mrs. John Teunis

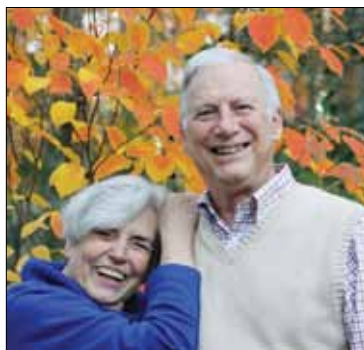
Robert Gruver, MD
Anonymous
Dr. & Mrs. Clifton R. Gruver

Ms. Catherine M. Harrison
Albert Electric
Mr. & Mrs. James R. Allen, Jr.
Mr. & Mrs. Peter Almquist
Ann E. O'Neil, Inc.
Ms. Elizabeth H. Castillo
Mr. & Mrs. Mark J. Chatham
Ms. Mary Martha Churchman
Ms. Hope G. Dailey
Don Beyer Volvo
Mr. Cedar Dvorin
Ms. Catherine O. Eckbreth
Ms. Yesecan Ege
Mr. & Mrs. John F. Ehrlich
Mrs. Mary H. Geris
Ms. Georgiana Gordon
Mr. & Mrs. John Gorman
Ms. Alexandra E. Hilts
Ms. Veronica J. Kelly, RN
Mr. & Mrs. J. William Kilpatrick
Mr. & Mrs. Robert Kravetz
Ms. Susan Lane
Mr. & Mrs. William T. Lusk
Ms. Hazel I. McIntire
Mr. & Mrs. William A. Scarrow
Ms. Lillian E. Sobel
Mr. & Mrs. Michael D. Stephens
Ms. Laura B. Triggs
Mr. & Mrs. Guy Van Riswick
Ms. Mary F. Zolman

Mr. Herb Hopwood
Mr. & Mrs. Peter A. Arntson

**The name of the person honored is bolded*

Why We Chose Arlington Free Clinic for a Legacy Gift



Joan and Bob Deason

During my 11 years as a volunteer member of Arlington Free Clinic's (AFC) Finance Committee and a concurrent 5+ years on its Board of Directors, I have had many opportunities to scrutinize AFC's programs, management, and finances. As evidenced by its numerous awards including national recognition, the Clinic excels in quality of services,

leadership, commitment, dedication, and judicious use of resources. Its highly regarded volunteer medical staff, essential support volunteers, and a small but exceptional professional staff work together to provide high-quality medical care to those who are chronically ill and can't afford vital medical treatment.

Every dollar donated to the Clinic returns over \$3 of medical

services, including medications — a laudatory multiplier! This, combined with my intimate knowledge of the Clinic's operations and recognizing the continuing long-term need for its service, made a compelling case for my wife Joan and me to include a legacy gift for AFC in our estate planning. We know that our gift will be used wisely and help ensure the future of the Clinic.

Create your Legacy by Planning for the Future of AFC

Here are some ways you can maximize your philanthropic giving through sound and timely gift planning for the future of AFC. Our patients thank you!

- You can make a gift that costs you nothing in your lifetime. You can provide now for a future gift to AFC by including a bequest provision in your will or trust.
- You can give appreciated stock or bonds

held for over one year. The IRS allows you one of its most significant tax breaks for gifts of appreciated securities.

- You can transfer ownership of a paid-up life insurance policy to AFC. You receive gift credit and an immediate income tax deduction for the cash surrender value of the policy.
- You can name AFC as the beneficiary of your IRA, 401(k), or other qualified plan.

Legislation gives donors aged 70½ and older an opportunity to direct lifetime distributions from their IRAs to AFC without incurring income tax liability on the withdrawal.

To discuss a planned gift to AFC, please call or email Nancy Pallesen (703) 979-1425, Ext. 120, npallesen@arlingtonfreeclinic.org; or Pat McDermott (703) 979-1425, Ext. 121, pmcdermott@arlingtonfreeclinic.org

Donations in Memory of (*continued*)

July 1, 2010 - June 30, 2011

Ms. Betsy Jones
Ms. Nancy S. Pallesen

Neil D. Kaplan, Ph.D
Mr. Robert Hacala and Ms. Megan Hacala

Mrs. Scottie Kronmiller
Mr. & Mrs. Henry O. Lampe

Mr. Carl A. Larson
Mrs. Carl Larson

Mr. Larry Latto
Mr. & Mrs. Arthur D. Kallen

Mr. Norris Lee
Mr. & Mrs. Henry O. Lampe

Ms. Angela Lien
Ms. Ann C. Cole
Ms. Nancy S. Pallesen

Louis & Wanda Magel
Mr. & Mrs. Bruce A. Burns

Thomas McGavin, MD
Mrs. Thomas A. McGavin

Mr. Hugh Mields
Ms. Irene H. Mields

Mr. Rudolph J. Pegoraro
Mr. & Mrs. Robert J. Pegoraro

Ms. Grace S. Pomeroy
Mr. & Mrs. John H. Pomeroy

Ms. Karen Pyrah
Ms. Barbara L. Johnson
Ms. Pamela G. Laskowski
Mr. Martin J. Loftus

Mr. Mark Pankin
Mr. & Mrs. Rand E. Tomcala
Ms. Diana Tran

Mr. Cameron Radford
Ms. Sylvia F. Smith

Ms. Natalie L. Richards
Morgan Stanley
Mr. & Mrs. John H. Pomeroy
Mr. & Mrs. Douglas W. Richards

Mr. Jack W. Robertson
Mrs. Jack W. Robertson

Mr. Milton M. Rose
Ingrid Rose Co. Ltd.

Ms. Marie Rodilosso Rychlik
Dr. & Mrs. Alfred M. Beck

Ms. Josephine Salmon
Ms. Didi Salmon

Ms. Sandra Schurman
Ms. Valerie K. Schurman and
Mr. Bill Wallace

Ms. Kay Sheehy
Ms. Helena K. Beamon
Dr. & Mrs. Dan T. Feriozi
Mrs. Franklin Gibbons
Mr. Brian D. Sheehy and
Ms. Diane Doran

Dr. Stephen Sheehy
Mr. & Mrs. James E. Duffy
Ms. Murry Franklin

Mr. Edward Sievers
Ms. Ruth A. Sievers and
Mr. Steven Hanft

Mr. Thomas Simkin
Mr. & Mrs. Frederick W. Tingley

Mr. William Soza
Dr. & Mrs. Edward G. Koch

Ms. Singy Tevis
Anonymous

Ms. Evelyn Wilson
Anonymous

Ms. Roni Spitzer Winter
Mr. Martin Spitzer and
Ms. Christine Lewicki

Ms. Eileen Wolf
Mr. & Mrs. William J. Wolf

Mr. Harry E. Wood
Ms. Katherine T. Wood

**The name of the person honored is bolded*



Our Volunteer Family

Individuals United in a Mission of Caring

July 1, 2010-June 30, 2011

The essence of volunteering, as exemplified by our volunteers, is a commitment to service and a concern for others that is an established part of their everyday lives. It is time given to others that transcends the idea of volunteerism and is simply a part of life like working, caring for one's family, or engaging in a favorite pastime. AFC continues to be honored by the numbers of people who choose to make the clinic a part of their lives. Your belief in what we do enables all that we accomplish. We are so incredibly thankful that you are a part of our family.

Board of Directors

Colleen Avis
James G. Cochran
Tom Connally, MD
Robert G. Deason
Christian Dorsey
Douglas A. Dowling
Joanna Ehat



Chairman of the Board, David D. Lee, MD

Robert A. Eldridge, III
Katherine Freshley
Kit Gordon
David D. Lee, MD
Jennifer Stuart Lee, MD
Stephen F. Messinger
Ruth E. McGoff, MSW
Christopher McManus, MD
Timothy D. Muir, MD
Diane Naughton
Joan Bowes Ritter, MD
Patricia A. Rodriguez, MD
Mary "Didi" Salmon
Grace Abi-Najm Shea
Scott Sterling
Kevin R. Sullivan, JD

David Townshend
Sheila R. Zedlewski
David Briggs, JD, Counsel

Community Council

Joseph A. Backer, MD
William G. Buck
James E. Bundschuh, PhD
M. Anthony Casolaro, MD
Claire Marie Cifaloglio, MD
James B. Cole
Peter A. Converse
William D. Dolan, III, JD
Doreen Gentzler
Rev. Dr. Leonard L. Hamlin, Sr.
Honorable Edward M. Holland, JD
Rev. Andrew T.P. Merrow
Christopher J. Nassetta
Mary Ann Nirschl
Thomas Shooltz
Diane Smith, JD
Reuben K. Varghese, MD, MPH

Benefit Gala Committee, Special Gifts Committee, Communications Committee, Finance Committee, Clinical Services Committee

Tamana Ahmadi
Edward Allcock, DO
Amy Allen
Jo Ann Allen
Donna Alpi
Debbie Baker
Paul Barnett, JD
Cassie Bate
Rachel Bedell
Stephen Bouchard

Deb Brennan
Lori Brien
Sarah Brundage
Jill Burke
Elizabeth Burnside
Katherine Calderone
Jennifer Callahan
Theresa Cappello
Sarah Casey
Stephanie Chang, MD
David Chow
Diane Chow
Karen Close
John Couric, Jr.
J. Martin Couric, III
Cathy Coyle
Suzanne Cullina
Jennifer Darcey
Jennifer DeFalco
Diana Dempsey
Anne Doll
Tracy Donley

Mary Ege
Grant Ehat
Nicole Ehrhardt, MD
Al Enciso
Billie Feldhaus
Nikki Gallahue
Valerie Gamache
Ron Gordon
Gina Grantham
Jennifer Griffith
Amy Gusek
Susan Heffren
Ray Hoare, MD
Edward Holland, JD
Bonnie Horowitz
Toni Howell
Christine Jansen
Julie Jensen
Ben Kamrad
Andrew Kramer
Karen Kuwana
Jamie Littman

VOLUNTEERS *at a* GLANCE

July 1, 2010 — June 30, 2011

Total Volunteers — 720

This total includes Medical and Non-Medical volunteers, Board Members, Community Council, Gala and Special Gifts Committee volunteers, Finance Committee members, Clinical Services Committee members and Communications Committee members

Total hours in FY 11 — 23,295

Value of Volunteer Hours — \$1,181,121

Note: We have endeavored to present the list based upon volunteer roles. Volunteers are only listed once even if they act in more than one role. Please accept our apologies in advance for anyone inadvertently omitted in the sorting process but do let us know.

Renee Lohman
 Susan Lowen
 Eileen McCarthy
 Heather McCorry
 Robert McLaughlin
 Stephen Messinger
 Whitney Montgomery
 Bob Morrow, MD
 John Murphy
 Manesh Nashnani, MD
 Diane Naughton
 Angela Neeb
 Cellie Niehaus
 Wendy Noe
 Chris Normile
 Kimberly Notarianni
 Marvin Ortiz
 Amy Otteni
 Carly Poppalardo
 Melanie Preston
 Kathy Ricchetti
 Sarah Rita
 R. Scott Ritter
 Gabriella Romano
 Katy Senkus
 Allison Shay
 Ian Shenk, MD
 Mark Silverwood
 Abbey Slitor
 Jennifer Staloch
 Jenn Sullivan
 MaryBeth Sullivan
 Harry Thomas, Jr.
 Alise Troester
 Krista Ullom
 Kelly VanNiman
 Helen Vasiliades
 Suzy Wagner
 Lee Walters
 Jennifer Winters
 Michelle Zook

Physicians

Natalia Alexandrova-Kayloe, MD
 William Alms, MD
 Cherinne Arundel, MD
 Gil Asuncue, MD
 Gordon Avery, MD
 Abraham Bacarra, MD
 Joseph Backer, MD
 Achana Ball, MD
 Michael Ball, MD
 Christina Baselga, MD
 Andrew Becker, MD
 Ricardo Bennett, MD
 Paula Bergamini, MD
 Brian Boland, MD
 Lillibeth Boruchow, MD

Cherif Bouziane, MD
 Deborah Bowers, MD
 Joseph Buchino, MD
 Amy Burke, MD
 Thomas Butler, MD
 Bridgett Casadaban, MD
 M. Anthony Casolaro, MD
 Michael Chaikind, MD
 Christine Chang, MD
 Stephanie Chang, MD
 Kenneth Cho, MD
 Robert Christie, MD
 Claire Cifaloglio, MD
 Carol Ciofalo, MD
 Andrea Clark, MD
 N. Thomas Connally, MD
 Wilson Coudon, MD
 Mary Crowther, MD
 Eric Czander, MD
 Timothy Daley, MD
 Henry Danaceau, MD
 Steven Danaceau, MD
 Deirdre Defoe, MD
 Neelima Denduluri, MD
 Karen Dixon, MD
 David Duhamel, MD
 Nicole Ehrhardt, MD



Volunteer Ian M. Shenk, MD,
 Gastroenterologist

J. Jeffrey Elliott, MD
 Heba Elzawahry, MD
 William Enos, MD
 John Feigert, MD
 Nina Fisher, MD
 Daniel Foster, MD
 William Franklin, MD



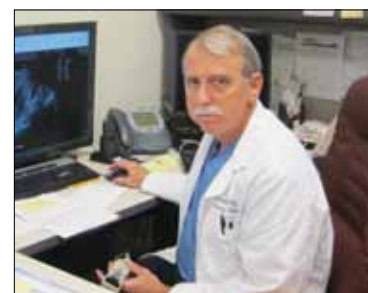
Volunteer David W. Romness, MD,
 Orthopaedic Surgeon



Oncologists from Virginia Cancer Specialists, PC – Left to right – Volunteers, Neelima Denduluri, MD, Patricia Rodriguez, MD, John Feigert, MD

Loren Friedman, MD
 Glenn Fuchs, MD
 Lynne Gaby, MD
 Charles Gandy, MD
 John Garrett, MD
 Luigi (Gino) Girardi, MD
 Herbert Golomb, MD
 Gordon Gondos, MD
 Eric Guidi, MD
 Pradeep Gupta, MD
 Matthew Hahn, MD
 Jeff Hales, MD
 Jessica Hirschhorn, MD
 Raymond Hoare, MD
 Robert Hong, MD
 Mohammad Hoque, MD
 M. Zafar Iqbal, MD
 Andrew Joel, MD
 Caesar Junker, MD
 Abraham Kader, MD
 Charanjit Khurana, MD
 Lynn Kitchen, MD
 Kaleen Kitay, MD
 Kimberly Kongkasuwan, MD
 Mahesh Krishnan, MD
 Robert Kruger, MD
 Seema Kumar, MD
 Diego Kuperschmidt, MD
 Marcelo Kuperschmidt, MD
 Corrine Lahti, MD
 Michelle LaRue, MD
 Jennifer Lee, MD
 David Lee, MD
 Joseph Lee, MD
 Edward Lefrak, MD
 Charles Lefton, MD
 Peter LeNard, MD
 Leonard Levine, MD
 Warren Levy, MD
 C. Vivian Liang, MD
 Nirmala Limaye, MD
 Juan Machado, MD
 Vinh Mai, MD
 John Maloney, MD
 Bayani Manalo, MD

Devra Marcus, MD
 Kenneth Marshall, MD
 Mami Martin, MD
 Thomas McCabe, MD
 John McConnell, MD
 Christopher McManus, MD
 Archie McPherson, MD
 Russell McWey, MD
 Robert Meister, MD
 Paul Messinger, MD



Volunteer Russell E. McWey, MD,
 Radiologist

Andrew Montemarano, MD
 Robert Mordkin, MD
 Robert Morrow, MD
 Timothy Muir, MD



Volunteer Jessica B. Hirschhorn, MD,
 Orthopaedic Surgeon

Talal Munasifi, MD
 Trevor Myers, MD
 Anissa Nabi, MD
 Manesh Nachnani, MD
 Suchithra Nancherla, MD



Volunteer Nurse Practitioners Christine Pintz, (Left) and Kate Sweet, (Right)

Dorothy Nicholson, MD
Robert Nirschl, MD
Carrie O'Gara, MD
David Orange, MD
Kimberlee Overdick, MD
Antonio Parente, MD
Anne Pariser, MD
Marina Pavlova, MD
Frank Pettrone, MD
Thomas Pilkington, MD
Jane Piness, MD
Bradford Pontz, MD
Caroline Poplin, MD
Cary Poropatch, MD
Edward Pozarny, MD
Kathleen Price, MD
Ulrich Prinz, MD
Martin Prosky, MD
Chaitanya Puri, MD
Thomas Rakowski, MD
Claude Raphael, MD
Susan Rattner, MD
Russell Rayman, MD
Charles Reidel, MD
Christopher Renner, OD
Joan Ritter, MD
Patricia Rodriguez, MD
David Romness MD
Faye Rosenbaum MD
Gustavo Rossi, MD



Volunteer Marcelo Kuperschmidt, MD,
General Surgeon

Mary Ryder, MD
John Sandiford, MD
Sanford Schaps, MD
Charles Schehl, MD
Frederick Schwab, MD
Molly Sebastian, MD
Ian Shenk, MD
Mona Siddiqui, MD
Candice Silvestre, MD
Dodd Sims, MD
Shalini Sitzmann, DO
Damaneon Smith, MD
Larry Smith, MD



Volunteer J. Kenneth Marshall, MD,
Cardiologist

Bertram Snyder, MD
Stephanie Soofer, MD
Murat Sor, MD
Scott Spagnoli, MD
Ellsworth Stay, MD
Jerome Stein, MD
Lawrence Stein, MD
Laura Stone, MD
John Thurber, MD
Mark Venturi, MD
Jaye Viner, MD
Carl Waldman, MD
Sunila Walia, MD
Stanley Washington, MD
Leigh Watlington, MD
Clay Wellborn, MD
Margot Wheeler, MD

Sean Whelton , MD
Eleanor Wilson, DPM
Othon Wiltz, MD
Donald Wright, MD
Christopher Wyckoff, MD
Chahine Yamine, MD
Steven Zimmet, MD

Nurse Practitioners, CAN, Physician Assistants & Nurses

Samar Al Rayyis, RN
Carol Baker, RN
Gigi Bate, RN
Blair Blunda, RN
Pat Brosnan, RN
Pamela Brown, RN
Uranhimeg Camacho, LPN
Heather Causseaux, NP
Sheila Clancy, RN
Honora Dent, RN
Theresa Donohue, PA
Karen Dorse, NP
Lynnette Downs, RN
Robyne Doyle, RN
Cynthia Dunbar, RN
Leslie Erwin, RN
Barbara Fay, RN
Shawna Finkbeiner, RN
Cathy Flynn, RN
Maryanne Fontaine, RN
Ladan Foruraghi, NP
Meredith Gade, RN
Jennie Gasch, RN
Catherine Gordon, NP
Jo Ellen Gormsen, RN
Kathye Hamilton, RN
Mary Harding, RN
Brenda Herrera, RN
Josef Holzer, RN
Margaret Howe, RN
Michael Jacobsen, PA
Bora Jin, PA
Laura Johns, RN
Patricia Kemezis, NP
Kathryn Kerr, RN
Linda Keyser, RN
Amita Khatri, RN
Karen King, CAN
Kim Klingler, RN
Allan Korff, NP
Charlotte Kreger, RN
Beth Kreikemeier, RN
Michelle LaRue, RN
Liz Lawhon, NP
Trudy Lefrak, RN
Clester Lenoir, RN
Mary Ludden, RN
Martha Mathis, RN
Terry McManis, NP

Merrily Messina, RN
Mary Miossi, RN
Lisa Moak, PA
Lynnta Montague, RN
Beth Nicholson, RN
Alma Noble, RN
Virginia O'Connell, RN
Cherie O'Neil, RN
Emily Page, RN
Wendy Phillips, PA
Christine Pintz, NP
Mary Porretta, RN
Anthony Portillo, RN
Marjorie Radford, RN
Robert Reynolds, RN
Eleanor Richards, RN
Lyn Rodgers, RN
Janice Sandlin, RN
Julie Seeley, RN
Pegah Siadatpour, RN
Sylvia Smith, NP
Lorrie Stanton, RN
Christine Strasser, RN
Jenna Straub, RN
Kathryn Sweet, NP
Megan Symanowitz, RN
Jean Vita, RN
Leilani Wagner, NP
Susan Walsh, RN
Megan Wholey, NP
Ramute Wilson, RN
Mary Winslow, RN
Sarah Woodby-Brown, NP
Jessica Zullo, RN

Pharmacists

Mikhail Arthur
Alpha Balde
Wade Chi, PhmD
James Citron
Ira Faden
Joe Forti
Ben Kamrad, PhmD
Colman Mulkerrins, PhmD
Nelesh Nadkarni, PhD
Carrie Ngo
Marissa Schlaifer
Ameer Soliman, PhmD
Jennifer Van Meter, PhmD

Educators, Therapists, Technicians, & Counselors

Marlene Alvarez
Nacer Amrani
Jane Ashley, MSW
Holly Burt, PT
Jennifer Chu, PT
Fred Clarke



Volunteer Colman Mulkerrins, PharmD,
Pharmacist

Mario Cuellar
John Dietrick
Barbara Dittmar
Amy Eisenhower, PT
Jennifer Gamboa, PT
Shelby Gochenour
Maribel Gonzales
Kendra Harrington, PT
Terry Harrison-Ihnat
Amy Humphreys, PT
Carrie James Pagliano, PT
Ruth Kirby, CDE
Sylvia Lesse
Merry Macke, MSW
Marie Markey, PT
Tamara McKenzie
Mary McVeary, DPT
Lois Merrill
Emily Ann Miller, MOH, RD
Purnima Patel
Donna Claire Read, MSW
Anne Reese, MSW
Kenneth Ricks
Julie Ries, PT, PhD
Lamieh Salimi, PhD
Akemi Schmidt
Sulakshana Seevaratnam
Samira Shahrbani
Pegah Siadatpour
Rita Siebenaler, MSW
Camille Simmons, PT
Satinder Singh
Jennifer Small, DPT
Diana Venskus, PhD, PT
Keith Ward, PhD
Joy Wells
Nancy White, PT
Ramute Wilson
Fatma Youssef, PhD

**Clinic & Pharmacy Support,
Interpreters, Administrative
Volunteers**

Jennifer Abbott
Martha Aguilera-Salas
Tamana Ahmadi
Sandra Alboum

Marguerite Andreu
Denise Arce
Lourdes Argandona
Celia Arnade
Patricia Arvidson
Janelle Bacani
Lucia Baker
Nick Backer
Jerald Bailey
Laura Baker
Marta Barkell
Caroline Barrett
Marila Belcher
Lloyd Bell
Sandra Boodman
Amanda Booth
Allison Bosch
Janeth Bouchard
Suzanne Brannan
Joan Bready
Andrew Brown
Sarah Brundage
Lois Bundschuh
Kathryn Calderone
Julie Calvert
Yukiko Carnes
Alison Carroll
Helena Castano
Elsa Chang
Michael Choi
Shuree Chojamts
Kevin Clark
Juan Coca Guzman
David Cohen
Surekha Cohen
Lana Coppolino-Suarez
Kristin Corcoran
Melisma Cox
Carter Cromartie
Maria Cutipa
Annette Daley
Susan Davis
Marco DeLucca
Michele DeRieux
J.J. DiBella
Mary Eileen Dixon
Katie Donohue
Elizabeth Drebing
Max Drillings
Tama Duffy Day
Donetta Duncan
Lammot DuPont
Lynn Durel
Linda Edquist
Melissa Edwards
Patsy Edwards
Barbara Ehrlich
Emily Elliott
Jennifer Emry
Alberto Enciso



Staff member Jorge Vargas, with summer interns, Kam Mangis and Samantha Diggs

Carrie Evans
Michelina Ferate
Estela Fernandez
Sharyn Fitzgerald
Melinda Foulke
Susan Freiband
Beth Fricano
Konjit Gebresselassie
Mabelle Giraldo
Rosa Glosemeyer
Sharon Golden
Milton Gonzalez
Kate Gordon
Gina Grantham
Tania Guerrero
Lisa Guli
Kartik Gupta
Rachel Gutfreund
Talia Gutierrez
Sonia Guzman
Alex Hahn
Mayce Haj-Ali
Peggy Halpern
Nita Harmon
Isabel Harner
Monika Harrison

Sue Henkin
Bud Hensgen
Linda Hill
JoAnn Holland
Leah Holmes-Bonilla
Ning Hua
Julia Hyeon
Amalia Iglesias
Mareda Jobson
Carol Jones
Grey Jones
Joyce Kaiser
Jason Kantrowitz
Carrie Keefe
Barbara Keish
Stevie Kelly
Mary Ellen Kemp
Kidist Ketema
David Kim
Ji Young Kim
Lucy Kim
Lesley King
Kim Klingler
Katherine Komaridis
Rob Kost
Tess Kukovich



Volunteer Jen Emry, Exam Room Coordinator



AFC participates in the Washington Metro area "Bike to Work Day." Staff left to right: Minta Trivette, Carolyn Clark, Jorge Vargas, Paula Potts, Coralie Miller, Maura Constance, Matt Kennedy

Bezaye Kumbi
Cecilia Kwak
Maria Kyburz
Marie Teresa Laguna
Margaret Lampe
John Landman
Marge Larson
Susan Lechner
Gloria Lee
Alyssa Levin-Scherz
Karen Levitan
Nancy Limprecht
Carolyn Little
Marilyn MacCarthy
Jennifer MacKellar
Kam Mangis

Chris Markus
Tamara McKenzie
Ciara McManus
Kathleen McSweeney
George Meek
Liz Megas
Mary Mellon
Paul Messinger
Richard Mickle
Marianne Moerman
Andy Moore
Christine Murray
Kay Nassetta
Isabelle Orozco
Marvin Ortiz
Marcela Otero

Daphne Papamichael
Khair Phan
Barbara Phillips
Monica Quintana
Carla Quiroga
Lynne Ragazzini
Annette Ramos
Gretchen Redmond
Elizabeth Rhee
Carrie Rich
Holly Rickman
Maria Rios
Margie Rivera
Dorothy Rogers
Maria Rojas
Sanna Ronkainen
Elizabeth Row
Beronica Salas
Mimi Sanchez-Hoff
Lucrecia Santano
Wilfredo Sauri
Terri Schapiro
Greg Schlosberg
Susan Schmidt
Anne Schuurman-Thompson
Katherine Scribner
Elizabeth Sejas
Susan Senn
Safwan Shahriar
Sarah Sheldon
Mathilda Shepard
Gary Sherwood
Gabriela Skinner-Klee
Chelsea Slade
Marilee Socia

Amor Sola
Lenora Sowa
Larry Suiters
Adam Swiercz
Ledia Tabor
Thomas Thomas
Bill Tirado
Ashley Torres
Laura Torres
Sarah Trusty
Gladys Ureta
Fernando Van Reigersberg
Stephanie Van Reigersberg
Justine VanWie
Sylvia Villacampa
Mike Vita
Peter Volosin
Violaine Philippe Walker
Nicole Wanner
Robert Wilson
James Wong
Cshantara Woolfolk
Cara Wright
Deia Xixho
Ahroom Youk
Earle Young, Jr.
Heather Young
Jessica Zullo, RN
Jennifer Zutz



Staff and patients participate in the 2011 Komen Global Race for the Cure

AFC Staff



Nancy S. Pallesen
Executive Director



Carol Marsh
Nurse Manager



Solomon Habte
IT Coordinator



Coralie Miller
Director of Finance & Human Resources



Jyl Pomeroy
Program Manager, Mental Health



Marietha Mayen
Appointment Scheduler

Development



Pat McDermott
Director of Development



Mary Anne Taylor
Nurse Manager



Rosa Scott
Receptionist



Paula Potts
Director of Foundation Relations



Martha Ware
Nurse Manager, Women's Health



Pia Clark
Development Officer



Matt Kennedy
Case Manager



Kensie Huezo
Medical Assistant

Pharmacy Services



Judy Dietrick
Pharmacist-in-Charge



Wendy Boning
Pharmacist

Nursing Services



Sheila Ryan
Director of Clinical Services



Minta Trivette
Program Manager, Community Breast Health Outreach Program



Mary Anne Panich
Pharmacist



Marlee-Jo Bonebrake
Nurse Manager

Clinical Administration



Jody Steiner Kelly
Director of Clinical Administration



Anthony Marino
Pharmacy Technician



Carolyn Clark
Critical Care Manager



Marlene Alvarez
Eligibility Associate

Volunteer Administration



Lee Miller
Volunteer Director



Maura Constance
Nurse Practitioner



Jorge Vargas
Clinical Administrator



Leslie Henry
Nurse Practitioner



Your support of Arlington Free Clinic
is greatly appreciated!

Potential patients line up outside the Clinic on Lottery Day.